



# ST JOSEPH'S SCHOOL

*To live, to learn, love in all things*

Proudly learning on Ngadjuri land

**FEBRUARY 16 2024**  
**WEEK 3, TERM 1**

## IMPORTANT DATES

### FEB

Sunday 18th	Family Mass 9am
Mon 19th	Lower North Swimming Carnival Yrs 7-9 Sapsasa Yr 5/6 Hub Trials
Wed 21st	P&F Meeting 7.30am
Mon 26th	School Picnic
Tues 27th	Sapsasa Summer Hub - Clare
Wed 28th	Yr 2SL Mass 9am
Sat 24th	Isaac Lomman ~ Hypnotic 7pm - Adel Fringe perf in School Hall
Thurs 29th	Bikes & Brekky

### MCH

Frid 1st	Welcome Mass - Middle School Hall 12pm
Sun 3rd	Great Detectives - 2pm Adel Fringe perf in School Hall
Frid 8th	Assembly
Sat 9th	Unbridled - 8pm Adel Fringe perf in School Hall
Tues 12th	Pupil Free
Wed 13th - Thurs 28th	NAPLAN
Frid 29th	Good Friday
Mon 1st	Easter Monday
Sun 17th	Family Mass

### APRIL

Mon 8th - Thurs 11th	Year 8 Camp
Frid 12th	Last day of Term

## From the Principal...

Dear Parents & Friends of St Joseph's School, Clare,

Sincere thanks for your attendance at the recent Parent Information Night. Not only was it great to learn more about each of the classroom's operations, but it was lovely to gather and welcome new staff, and listen to each leader's role and their focus for the upcoming year.

### SCHOOL PICNIC

Unfortunately, we had to postpone our planned school picnic this week due to extreme fire conditions. On days when the extreme fire danger rating is declared we need to enact our Bushfire Survival Plan which includes no excursions. It would be inappropriate for us to hold an event which encourages families to leave their properties. As we really value this event, we have rescheduled it (tentatively), for Monday 26 February.



### SCHOOL STRATEGIC PLAN 2024-2026

The school's strategic plan (SSP) is a 3-year document and is aligned with CESA policy and CESA's *Continuous Improvement Framework* document. The SSP provides the direction and vision for the next three years and, as a result, each year our Annual School Improvement Plan draws from the goals set in the SSP.

Our SSP is designed to give direction in a clear and concise manner. It includes an overarching statement reflecting our purpose and objective. It has four system-based categories which manifest the KPIs that CESA and both the State and Federal Governments require us to meet.

- Building a Faith Community
- Nurturing a Learning Community
- Building Positive Relationships
- Resourcing Operational Excellence

These are underpinned by our Core Values which, together with the four categories, assist us in collectively meeting the "Exit Outcomes" we want our graduates to obtain.

The SSP is a very powerful document and it is used by the School Board and staff to make operational decisions and guide their practise.

As we embark on our new SSP for 2024-2026, we would like as much community involvement as possible. Over the next two to three newsletters, I would like to provide you with an opportunity to have your say.

Included in this newsletter are our **Core Values**. These are the values from which we operate and all actions should reflect these.

Currently, we have ten Core Values. To be an effective document, we don't want it to be too 'wordy', and prefer them to be action-based, thus they all commence with, "We will (or similar)....".

What I would like you to do is critique the ten Core Values through the following lens - Are there any Core Values that are:

1. No longer relevant
2. No longer appropriate
3. Need alterations
4. New ones required

The following process will be used for you to have your say: Each fortnight, in conjunction with our newsletters, an email will be sent home with a link to an online document pertaining to a particular section of the SSP, seeking your comment/feedback:

Week 3 (16/2/24): Core Values

Week 5 (01/3/24): Exit Outcomes

Week 7 (15/3/24): Categories

As a result of your input, and that of the School Board and Staff, we hope to be able to launch the 2024-2026 School Strategic Plan for the start of Term 2. Any questions, please contact me: [peters@stjoclar.catholic.edu.au](mailto:peters@stjoclar.catholic.edu.au).

A copy of our current School Strategic Plan (2021-2023) is on our school website.

### ABBIE BRERETON

This week, we welcome Abbie Brereton, who is a former student of St Joseph's Clare.

Abbie is taking up an AFL Education Support Traineeship. For the next 11 months she will be working with students, groups of students, assisting with PE, undertaking work in the library and also assisting the admin staff.

Please make Abbie feel welcome when you see her.

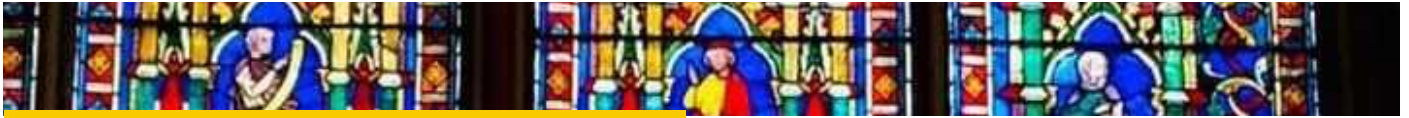


### SAPSASA CALENDAR

Attached to this week's newsletter is the Sapsasa Calendar. This includes the sports our District (Mid North) and school take part in. If your child is interested in sports that are not listed

### ST JOSEPH'S SCHOOL

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EMAIL: [peters@stjoclar.catholic.edu.au](mailto:peters@stjoclar.catholic.edu.au)  
WEBSITE: [www.stjoclar.catholic.edu.au](http://www.stjoclar.catholic.edu.au)



# FROM THE PRINCIPAL

on the calendar, please go to the School Sport SA website or contact Chris Slattery, Kylie Murphy or myself. In the past, we have had a number of students take part in Mountain Biking, Lawn Bowls, etc.

## AGM

Each year, we hold the AGM for both the School Board and the P&F on the same night. At this meeting we hear the Principal, P&F President, Board Chairperson and financial reports and election of officers also takes place.

Over the last couple of years, CESA has undertaken a centralised auditing of all CESA schools' "books", as you can imagine this is a lengthy process. The impact on the AGM is that we need to present "audited books" at our meeting. As soon as we receive this information we will set our AGM date.

## P&F MEETING

Next Wednesday (21/02/24), the P&F will hold their first meeting for the year. This is a great opportunity to find out more about the P&F, their involvement in the school and to select a way you might be able to offer your skill set to the school. Coming along to the meeting is also an opportunity to meet new people and learn more about the running of the school.

The P&F is aware that there are many time pressures upon our families and, as a result, hold their meetings prior to school. Hopefully, this will enable more people to attend. To further assist families, the P&F provides breakfast for parents and their children.



## SCHOOL STRATEGIC PLAN

### Review of Core Values

An email has been sent to all families requesting feedback on our Core Values as we prepare our School Strategic Plan for the next 3 years [2024-2026]. We would really appreciate your input by clicking on the link in the email and completing the review document.

### Core Values

- Celebration / Humour**  
"We feel good about ourselves"
- Collegiality**  
"We work together and support each other"
- Continuous Improvement / Innovation**  
"We strive to be better"
- Lifelong Learning**  
"We will never stop learning"
- Mutual Respect**  
"Everyone has something to offer"
- Openness**  
"We can discuss and value our differences"
- Responsibility for Success**  
"We are ultimately responsible for our own success"
- Risk Taking**  
"We learn by trying something new"
- Shared Goals**  
"We know where we are going"
- Support**  
"There's always someone there to help and be helped"

## Brekky, Bikes & Being Active

Join us at the **Lennon Street Carpark** for a FREE brekky and supported WALK or RIDE to your Kindy or School

**Thursday 29th February**  
7.45 am



Please ensure your child has suitable riding experience to safely participate in this community school walk and ride. All parties participating in this event do so at their own risk and are required to ensure safety helmets are worn.







**BIKES AND BREKKY**

On Thursday February 29, we will hold our first “Brekky, Bikes & Being Active” gathering for the year. This is an opportunity for our students to gather at the Lennon Street car park, have breakfast with their friends and students from other Clare Schools, then ride or walk to school. We have varying length rides and walks depending on the age and ability of the students. Your children will be well supported by our staff (and other students). We also transport all school bags to school ensuring that the ride/walk to school is more enjoyable. This get together ride is a great way to start the day.

If your child is riding please ensure they have a helmet, their bike is road worthy and they can ride independently. Parents, grandparents and special friends are welcome to come along.



**BUSES**

This week, we received notification that the students who travel on the Watervale & Blyth buses have been given provisional eligibility to travel. This means our students are accessing all bus routes now.

I would like to thank all parents for their understanding as we have worked through this process. I would also like to thank Nicola, Gabrielle & Sarah for their job in coordinating the interim process and Gabrielle, Tom & Chris for their services as bus drivers.

In the next couple of weeks I will meet with CHS & other schools who access the buses to discuss all aspect of bus use. In particular, we will be addressing safety and bus behaviours. After this meeting I will meet with all students who use the buses to explain the safety and behaviour policy, a copy of this will go home to parents. In the meantime, can you please remind your children about what sort of behaviour is required on the bus.

**ICT USER AGREEMENT**

Last week, the Middle School students received their ICT User Agreement contract. Yesterday, our Rec-3 & Yr 4-6 students received theirs. Teachers have explained this policy to all students and a copy has been sent home to you to read and reinforce with your students.

ICT’s are part of our everyday life however, we know like anything, you can have appropriate and inappropriate use. At school, computers are very much a tool to assist with the students’ learning and should only be used when it is deemed this is the best and most effective/efficient way of teaching. We are conscious not to over use “screen time”. As part of our ICT use we will continue to educate our students around ICT safety and safe use. We are fortunate to have 1:1 devices within our school, however, we take the responsibility of this very seriously.

Last year, we had a number of incidents where damage to computers, keyboards etc happened through misuse or careless use, this resulted in thousands of dollars of damage. As a result we have put a clause into the User Agreement -

**“Careless or intentional damage to ICT equipment will be repaired by the school and charged to families. This will be the result of child, parent and staff member meeting.”**

It is vital that the students understand what this means.

**OLD SCHOLARS**

Thursday February 15 was the Opening School Mass at Loreto College, this also included the commissioning of new Principal, Ms Kylie McCullah.

The Mass was celebrated by Jesuit Priest Fr Chris Jenkins (former priest at St Joseph’s School and the Clare/Sevenhill parish). Fr Chris is now at St Ignatius Church, Norwood and he is the Chaplain at Loreto.

Former St Joseph’s graduates, Emma Slattery and Jessica Sommerville (both Year 10), are now at Loreto College as boarders. They are thoroughly enjoying being in the ‘newly renovated’ boarding house, and are embracing the extensive curriculum and sporting opportunities available.



Emma Slattery, Fr Chris Jenkins & Jess Sommerville

**Congratulations**

Piper Ackland (St Joseph’s Old Scholar), was this week named Dux of Year 11 for 2023 at Sacred Heart College, Somerton Park.

In October 2023, Piper was also named School Captain for 2024.

Both amazing achievements, Well done, Piper.







# FROM THE PRINCIPAL

## NEW PARENTS WELCOME DINNER

Thankyou to those that attended the recent New Parents Welcome Dinner. It was a wonderful evening and a great chance to get to know our new staff and families better.

A special thankyou to Alice Duncan, Laura Davidson, Edwina Mitchell and Kelli Shanahan for the beautiful food and to our Year 6 students who waited on the night.

Thankyou also the Jesuit community for the use of La Storta, it is such a special place to have this gathering.



*Kelli, Laura & Alice busy in the kitchen*



*Damon, Alice, Franzi, Olive, Edwina, Chinyere, Kelli & Laura.*



*Enjoying the evening.*

## GOLF

Our Year 6 students have been taking part in Golf lessons as part of their Physical Education Program. We have been fortunate enough to have the lessons conducted by Community Golf Instructor, Barbara Hayes. The Year 6s are thoroughly enjoying the lessons which will continue for the next 2 weeks.



*Barb Hayes  
Community Golf Instructor*



## CRICKET

Congratulations to Nick, Macauley, Eddie, Bridget & Cody who represented the U12 Mid North Zone Cricket team at the Country Cup held in the Barossa Valley during early January.

The team was very successful, making it to the grand final against the powerful Barossa zone.

They unfortunately lost by 3 runs but should be very proud of their efforts. Special congratulations to Bridget, who was named joint player of the carnival.



*Chris Slattery, Nick, Macauley, Eddie, Bridget, Cody.*





## FROM THE PRINCIPAL



# Meet the Teacher Beck Sensei



### About Me:

Konnichi wa. It is a pleasure to teach your child Japanese this year at St Joseph's School. I started teaching Japanese at this school in Term 3, 2023. My husband, two children and I live on a farm near Brinkworth. I have visited Japan a number of times, and lived there as an exchange student more than 25 years ago. I am constantly keeping up my Japanese skills by corresponding to my host families in Japan, listening to Japanese music and attending various professional language training and exams.

### What we learn about:

- The Japanese culture and the various festivals celebrated by Japanese people
- The Japanese language, including its oral, written and non-verbal components (e.g. bowing)
- Understand there are 3 scripts in Japanese, and learn how to recognise each of them
- Develop intercultural understanding by recognising and respecting diverse cultural groups different from our own and
- Learn about modern Japan in the 21st Century

### Education:

I completed my Bachelor and Honours Degree in 'International and Asian Studies' at UniSA in 2003. I then resumed my studies in July 2020 in 'Masters of Primary School Teaching' online at Charles Sturt University. I am due to complete this degree next year.

### Upcoming Japanese news

**Wednesday 29th May** - Taiko Drumming Incursion workshop for students in Years 4 - 6

**June/July** - up to 10 Year 6 students to attend a statewide Japanese quiz day in Adelaide

### Contact Information:

 [bwundke@stjoclar.catholic.edu.au](mailto:bwundke@stjoclar.catholic.edu.au)







## FROM THE PRINCIPAL

### CONGRATULATIONS

#### New Baby

Congratulations, to Emma Zanette & Dylan Griffiths on the birth of "Archer John Griffiths". Archer was born Thursday January 18, 3.28kgs. He is a little brother to very proud sisters Avie & Bridie.



Bridie & Avie with Archer

#### Wedding

Congratulations also, to Clinton Schunke and Kira Terry who were married on Saturday February 10 on their family farm. Students, Flynn (Clinton's son) and Charlii (Kira's daughter), were part of the very special day - we wish you all the best for a happy future.



Clinton, Flynn, Charlii & Kira

### CONDOLENCES

Sincere condolences to Kylie Alozie and family on the passing of their mother/grandmother. Our thoughts and prayers are with you at this time.

**SAND PIT TOYS**

**DO YOU HAVE ANY SAND PIT TOYS THAT ARE NOT BEING USED? WE WOULD LOVE ANY DONATIONS FOR OUR JUNIOR PRIMARY PLAY AREA. WE ARE LOOKING FOR TRUCKS, DIGGERS, LOADERS, BULLDOZERS BUCKETS, SPADES ETC.**





Any questions/donations please see Kerrie Weckert or Sarah Lawson

God Bless  
Peter Shearer

## FROM MIDDLE SCHOOL

This has been the smoothest start to the school year by far for our Middle School. We have felt really settled and have hit the ground running. Our Year 7s have become accustomed to their new homes and routines, the Year 8s have come back without breaking stride and have started working on their speeches for Parliament elections. The Year 9s have also made their new environment their own, it has been great to see the way they have taken on their leadership role within our school. They have been on retreat and have already come back looking for needs in our community and formulating plans as to how they can do something about it.

The Year 9 retreat gave our students time to reflect on their first 9 Years of schooling as they walked from Clare to Sevenhill along the Wine and Wilderness trail, where they traversed the ridge line between the Clare and Skillogalee Valleys. They also began their process for taking on the Charism Badge. This badge sits with our Integrity badge and focuses on students taking initiative to improve our community.

The Year 8 and 9 PE students have been working on their micro-credentials during their lessons by preparing themselves to obtain lifesaving qualifications and Bronze Medallions.

Already there has been a great deal of hard work gone into the Year 7 fundraising, with a great turn out for our first meeting and a real buzz about the process. Wood Chops will be starting next Friday. I love this experience for our Year 7 students and families, it really is a great opportunity for us to come together as a community.

Finally, just a reminder for our Middle School parents to make sure that they are logged onto SEQTA and that it is up and running. We will soon have some of our first assessment pieces being finished and handed in. SEQTA is an important part of this assessment and feedback process, as such please make sure you can access it.

### VISUAL ARTS

This Semester the Year 8/9 Visual Art class are working on their drawing skills, beginning with charcoal still life. Here are some of the class with their most recent drawings, in which they practised using differing values and creating realistic shadows and highlights. We will share more drawings as our skills develop!



Back: Dane, Matilda, Bridget, Keira  
Front: Charlotte B, Charlotte S

God Bless  
Tom Gilligan - Assistant Principal





# MIDDLE SCHOOL

The Middle School students enjoyed a welcome and “getting to know each other” during an afternoon of activities including swimming, a picnic lunch at the town oval, and a Kahoot quiz in the classroom in House teams. This was followed up in Week 2 with our MAD (make a difference) lessons with vertical groupings of Year 7-9.

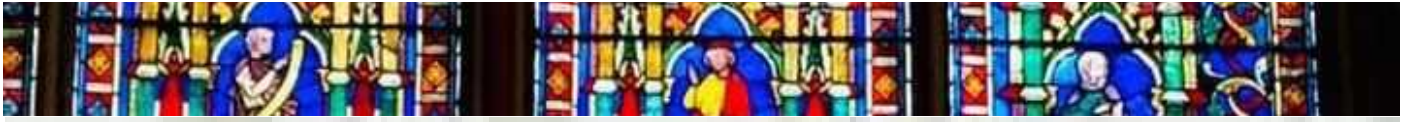
The Year 9’s had an early (7.15am) start on Friday of Week 2 for their Retreat day, which was held at Sevenhill.

We commenced the day with a hike starting at the Clare Information Centre and finishing at Sevenhill.

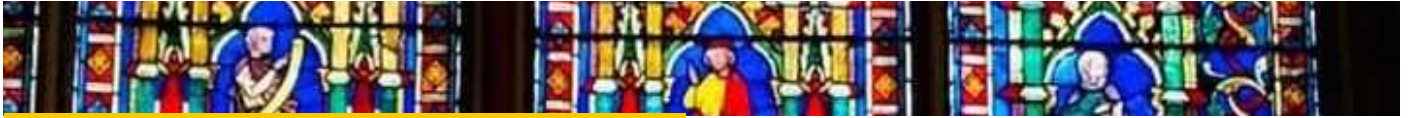
Thanks to Mr Gilligan, Mrs Hay, Mrs Nugent and Ms Crawford for their organisation.











## FROM THE FR GILL

### SEVENHILL LENTEN PRAYER EVENINGS WITH SAINT MARK'S GOSPEL

Fr Rob Morris, S.J., Director of the Sevenhill Jesuit Retreat Centre, will lead 2 Lenten Prayer evenings which will explore the Gospel according to Saint Mark. The Prayer evenings will take place at St Aloysius' Church, Sevenhill, at 7PM on Thursday 22 February and Thursday 7 March. Members of our school community are invited to gather with our parish community at these evenings of guided prayer and reflection.

Christian calendar, is the day before Ash Wednesday. In the past, the two or three days prior to Ash Wednesday, known as Shrovetide, were celebrated by games, sports, feasting, dancing, and general merrymaking.

"Shrove" comes from the Roman Catholic practice of confessing one's sins and being absolved of them, or "shriven".

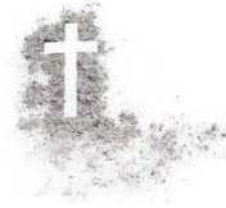


Shrovetide feasts were designed to use up the food that could not be eaten during the Lenten fast. Shrove Tuesday is also known as 'Mardi Gras' (French for 'Fat Tuesday'). Many countries around the world hold carnivals on this day.

We begin the time of Lent with Ash Wednesday. On Ash Wednesday we were marked with ashes as a sign to remind us to live the way Jesus wants us to. Ash Wednesday marks the beginning of the Church season of Lent. Lent is a 40 day period of fasting and reflection in preparation for Easter. During this time we focus on the promises made at baptism. All of this prepares us for celebrating Christ's death and resurrection at Easter.

The colours of linens and vestments are purple as a sign of penance. On the fourth Sunday of Lent (Laetare) the colour is rose or violet.

On Ash Wednesday, ashes from the burnt leaves from Palm Sunday the year before are placed on people's foreheads in the sign of the cross. The ashes show that we are sorry for our sins, and remind us that Lent has begun.



Lent is a special time when we stop and think about how we can play our part in God's hope for a world that is fair, just and peaceful. We think about our

relationship with God, and how through serving others we can grow closer to him. We also think about the changes we can make in our lives, to be God's hands, God's love and God's mercy in our world, for all future generations.

SEVENHILL PARISH INVITES ALL FAMILIES  
to join us for  
**Family Mass**  
SUNDAY FEB 18 @ 9AM  
AT ST MICHAEL'S CHURCH CLARE

Please join us for Morning Tea Following Mass

**DONATE TODAY!**  
[www.caritas.org.au/project-compassion](http://www.caritas.org.au/project-compassion)

## FROM THE APRIM

### YEAR 9 RETREAT

I had the absolute pleasure of attending the Year 9 retreat on Friday, around a theme of Mary MacKillop's Josephite Charism, especially her motto to 'Never see a need without doing something about it.' The students took time to 'remember that we are but travellers here' (Mary MacKillop) and reflected on their own mottos as Year 9 leaders. I look forward to following up on this day with the Year 9s in Religion lessons.



### ASH WEDNESDAY AND THE SEASON OF LENT

On Tuesday, known as Shrove Tuesday, we came together as a community to celebrate and 'feast' before beginning the Christian Liturgical Season of Lent. Shrove Tuesday, in the

### CARITAS PROJECT COMPASSION

Each year, our students learn about some of the people that Caritas Australia Support through their Lenten Project Compassion Fundraising. Caritas Australia is a Catholic Charity and they believe in making a more just world for all, through education about Catholic Social Teaching and empowering people to be change in their own communities. This year, Project Compassion focusses on the stories of three resilient women from three different corners of the world. They are facing vastly different challenges, but are all united by one dream: to create a better tomorrow for all future generations.

Ronita from the Philippines, lives with her husband and two children in a barangay (local district) in Quezon City, which is situated in Metro Manila in the Philippines. She went back to school to finish her education so that she could earn income to support her children.

Leaia from Samoa did not have access to a reliable source of clean water which was very difficult for Leaia and her family. But, with the support of Caritas Australia, a water tank was installed at their home, improving their health and living conditions.

Memory from Malawi is the eldest daughter from a rural





## FROM THE APRIM

Malawian family who trained to become a carpenter and is now a trailblazer for future generations of women in her village.

Throughout Project Compassion, you will get to know the stories of Ronita, Leaia and Memory.

Watch a short film Introduction to Project Compassion

[Introduction to Project Compassion](#)

You can donate through Project Compassion donation boxes, which will come home with the oldest child in the family. You can also donate online by visiting:

[caritas.org.au/project-compassion](https://caritas.org.au/project-compassion) or  
by calling 1800 024 413.




Photo: Richard Wainwright/Caritas Australia

*May we all be people of change this Lent.*

## SACRAMENT PROGRAM 2024

The flyer below was emailed to all families and is on the website - if you have any further questions please contact me.

**Sevenhill Catholic Parish**  
29 Victoria Road, CLARE SA 5453



**2024 Sacrament Program Sevenhill Parish**

Dear Families,

Sevenhill Catholic Parish warmly welcomes you to continue the faith journey of your child/children through the celebration of the Sacraments of Baptism, Reconciliation, or Confirmation and Communion.

**Baptism:** Available at any age. For more information, please contact Fr Kieran.

**Reconciliation:** Students in Year 3 and above are welcome to enrol.

**Confirmation/Communion:** Children in Year 4 and above may enrol for Confirmation and Communion. In 2024 both sacraments will be celebrated at a combined service which is in line with the current practice in the Adelaide Diocese.

One of the most important roles of Christian parents is to pass on to their children their own faith. We acknowledge and support your role of first nurturing your children's faith in the home. At Baptism you made a commitment to bring your children up in the practice of our faith and you are the first and best teachers for your children to learn how to live their Catholic faith. But you are not alone in this call: with you stands the Christian community and we are honoured to be part of this journey.

As St Joseph's School is significant in the life of our parish, school and parish staff work together to support families in preparation for the celebration of the Sacraments and we look forward to continuing this partnership in 2024. We also warmly welcome families whose children attend other schools to join this journey of preparation and celebration of the Sacraments.

**All Sacramental Students**

Students who attend St Joseph's School will undertake formation in class Religious Education Lessons in Term 2. The Parish will offer formation to students who do not attend St Joseph's school, with dates still to be set. Please contact Fr Kieran for more information.

Dates for the individual Sacramental Programs are on the reverse of this page.

If you feel your child is ready to prepare for one of the Sacraments, or you would like further information, please join us at the family Mass on **Sunday 18<sup>th</sup> February at 9:00am**. A brief information session of no more than half an hour will follow Mass. Registrations will be available on this day, alternatively you may register your child by filling out the Microsoft Form using the link or QR code on the following page.

Fr Kieran Gill, S.J.  
Parish Priest  
[kgill@stioclar.catholic.edu.au](mailto:kgill@stioclar.catholic.edu.au)  
0458 683 773

Helen Hay  
Assistant Principal Religious Identity & Mission  
[hhay@stioclar.catholic.edu.au](mailto:hhay@stioclar.catholic.edu.au)  
(08) 8842 4400  
St Joseph's School Clare

## WELLBEING

At St Joseph's Clare we have a whole school approach to wellbeing. Historically we have utilised 'You Can Do It Education' as a common language and a tool to celebrate children's skills in the five keys of confidence, organisation, getting along, persistence and resilience. Our Pastoral Care Lessons R-9 involve the explicit teaching of social and emotional learning. Please find attached to this newsletter an outline of our pastoral care program.

Social and emotional learning (SEL) involves developing the ability to understand and manage our emotions, establish positive relationships, develop empathy for others, set and achieve goals and feel good about ourselves.

Intentional teaching of the five social and emotional learning skills areas is crucial. Teaching of these skills, as well as making the most of informal learning opportunities, give children and young people the opportunity to practice and generalise SEL skills.

### FIVE AREAS OF SOCIAL AND EMOTIONAL AWARENESS

#### Self-awareness

This is the ability to recognise and understand your own feelings, thoughts and values, and understand how they affect your behaviour. It's about understanding and assessing your personal strengths and understanding that abilities and intelligence can be developed and improved. This then leads to an increased awareness of how your actions can impact others. The main skills include

#### Self-management

This is the ability to manage and regulate your emotions and behaviour, including managing stress, controlling impulses and keeping yourself motivated. The main skills include impulse control, stress management, self-discipline, self-motivation, goal-setting and organisational skills.

#### Relationship skills

These involve the ability to develop and maintain healthy and positive relationships with others. They include the ability to communicate clearly, listen, cooperate, resist peer pressure, and negotiate and resolve conflict. The main skills include communication, social engagement, relationship building and teamwork.



#### Responsible decision-making

This is the ability to make informed and responsible decisions about personal behaviour and social interactions with others, based on adherence to ethical standards, safety concerns and social norms. It also includes the ability to consider the wellbeing of others and with up the outcomes of different decisions. The main skills include identifying problems, analysing situations, solving problems, self-evaluation, self-reflection and ethical responsibility.

[beyou.edu.au](https://beyou.edu.au)

Delvene Mathie  
Wellbeing

God Bless  
Helen Hay  
Assistant Principal- Religious Identity & Mission





## ATSI NEWS

### ST JOSEPH'S INDIGENOUS NEWS

In the amazing surrounds of our school the Ngadjuri Nation Aboriginal Corporation held it's full board meeting early this week. Ngadjuri Nation continue to discuss exciting possibilities for future engagement with community groups, business, schools and other organisations. Their purpose is to proactively grow their culture, language and history with their next generation. The Clare Valley is home for the Ngadjuri People.

The board chose our school to meet upon as we continue to demonstrate we are a culturally safe place for all Indigenous to meet, learn and play.

Our Indigenous students met with the Board and spent a terrific time introducing themselves. The Chairman has invited all the students to head over to Point Pearce after Easter for some fishing action. More to come on this later!

I am incredibly proud of our St Joseph's students, staff and parents as we continue to grow our understanding and knowledge of Indigenous issues and perspectives.

If you would like to know more about how St Joseph's can support your children and their Indigenous culture feel free to contact me on [tpacker@stjoclar.catholic.edu.au](mailto:tpacker@stjoclar.catholic.edu.au) or 08 88424400.



*St Joseph's Indigenous students - Charlotte, Mitchell, Zoe, Taj, Macauley, Bohdi, Logan and Ky with Mr Packer and Ngadjuri Nation Aboriginal Corporation board*



# ST JO'S PATCH

Tomatoes galore!!! We are picking lots and lots of tomatoes at the moment, there is a basket at the front of the office where we are putting them so please help yourself. Below is a recipe for a delicious bruschetta to use up all those beautiful ripe tomatoes.

The students have been working hard, we shovelled new soil into the garden beds, picked tomatoes, found a few ripe strawberries and cut back the Hardenbergia. We have also been working hard on trying to keep the water up to the plants in this hot weather.

Jenny Vine



Michael shovelling dirt for the garden beds.



Jaslyn & Charlotte picking tomatoes



Henry picking tomatoes



Henry cutting back the Hardenbergia

## Bruschetta

### Ingredients:

- 4 vine-ripened tomatoes, finely chopped
- 2 garlic cloves, crushed
- 1 tbsp finely chopped red onion
- 2 tbsp finely chopped basil
- 1 long red chilli, seeded, finely chopped (optional)
- 1/4 cup (60ml) extra virgin olive oil
- 8 x 1cm-thick slices Coles Bakery Pane di Casa bread
- 1 garlic clove, extra, halved
- Basil leaves, to serve



### Method:

#### Step 1

Place the tomato, crushed garlic, onion, chopped basil, chilli and 1 tbsp of the oil in a bowl. Season and toss to combine. Set aside for 15 mins to marinate.

#### Step 2

Meanwhile, heat a barbecue grill or chargrill on medium-high. Brush both sides of bread with remaining oil. Cook on grill for 2-3 mins each side or until toasted.

#### Step 3

Rub the cut side of the garlic halves over 1 side of the toast. Top with tomato mixture and basil leaves. Serve immediately.

1369929551

## Joke of the week

Q: What do you call a tomato with a trumpet?

A: A tooty fruity.







# CANTEEN NEWS



## Canteen Roster Semester 1: 2024

**ALL VOLUNTEERS: Must sign in and out at the front office**

### Term 1

DAE	THURSDAY 9:00am – approx. 11:00am	DATE	FRIDAY 9:00am – approx. 1:30pm
Week 3 (15 <sup>th</sup> Feb)	Jane Adams Amy Trengrove	Week 3 (16 <sup>th</sup> Feb)	Jen Chestnut Fiona Sullivan Kate Holmes
Week 4 (22 <sup>nd</sup> Feb)	Jane Adams Yana Zanette	Week 4 (23 <sup>rd</sup> Feb)	Jen Chestnut Naomi Christianson Lucy Woolford
Week 5 (29 <sup>th</sup> Feb)	Stephanie Coles Nicky Hancock	Week 5 (1 <sup>st</sup> Mar)	Stephanie Bennett Edwina Mitchell Laura Davidson
Week 6 (4 <sup>th</sup> Mar)	Catherine Driscoll Katrina Pilkington	Week 6 (5 <sup>th</sup> Mar)	Kate Mensforth Kirsty Woodlands Sophie Wray
Week 7 (14 <sup>th</sup> Mar)	Jess Redden Cassie Fuller	Week 7 (15 <sup>th</sup> Mar)	Denika Koch Alana Young Andrew Haines
Week 8 (21 <sup>st</sup> Mar)	Kate Wehr Stacey Hitch	Week 8 (22 <sup>nd</sup> Mar)	Sheridan Laws Peggy Mitchell Natalie Sommerville
Week 9 (29 <sup>th</sup> Mar)	<b>NO CANTEEN - GOOD FRIDAY</b>		
Week 10 (4 <sup>th</sup> Apr)	Amy Abbott Amanda Redden	Week 10 (5 <sup>th</sup> Apr)	Peta Smith Christy Clothier Sam Quinn
Week 11 (11 <sup>th</sup> Apr)	Geordie Beath Gabrielle Jones	Week 11 (12 <sup>th</sup> Apr)	Louise Lehmann Matt Ward Nikki Preuss

New to Canteen Experience in Canteen Experienced and willing to help less experienced

**\*\*If you are a volunteer, please request to join our Facebook page. Search St Joseph's School Clare Canteen**

If you need to swap your day, please call/use Facebook group to swap with a person with the same or more experience than you from the current roster where possible.

Please notify Jen Chestnut (0457050108) of any changes ASAP so the roster can be kept up to date.

Thank you for volunteering your time 😊





# COMMUNITY NEWS

## My Child and Me

Connecting, understanding, and guiding... everyday parenting

Families Growing Together

My Child and Me is a FREE workshop that helps you as parents and caregivers to build an understanding of your child and their healthy development.

Our workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations.

Topics to support your parenting include:

- Brain and child development
- Understanding behaviour
- Parenting styles
- Positive approaches to guiding children's behaviour

Our workshops are based on the latest parenting research and use information from Parenting SA.

Light refreshments & crèche provided  
Bookings essential

Presenter:  
Natalie Gallarello

Auburn Primary School  
St Vincent Street, Auburn

When: Part 1- Thursday 7<sup>th</sup> March 2024

Part 2 - Thursday 14<sup>th</sup> March 2024

Time: 6.00pm – 8.30pm

To book: Contact Jane Leslie: 8849 2112

Everyone is welcome,  
bookings essential.  
Please arrive 10mins  
early to register.



5 WEEK

## 2024 NORTH EASTERN FEMALE FOOTBALL COMPETITION

REGISTER INTEREST NOW



**OUR COMPETITIONS**  
 8:30-9:30 U11 Development Squad Age 7-11  
 9:30-11:00 U14 Competition 12,13,14 in 2024  
 11:00-12:30 U17 Competition 15,16,17 in 2024  
 12:30-1:30 Womens Competition (All Ages)

U14, U17, WOMENS INDIVIDUAL REGISTRATION TEAMS WILL BE PUT TOGETHER AT THE FIRST SESSION ON FEBRUARY 25TH

VENUE:  
ALL GAMES AT  
CLARE OVAL

**COMPETITION DATES (SUNDAYS)**  
 February 25, March 3, 17, 24, April 7  
 \*No March Long Weekend or Easter  
 April 14 U14/U17 NEFL v APFL Association Game

Any queries 0411404052  
katie.liebelt326@schools.sa.edu.au

Follow along on our NEFL Female Football League Facebook

## Community Visit to Bizen Japan

Expressions of interest are being sought to join a community visit to our sister city town Bizen in Japan.

The visit will take place in the September School holidays 29/9-11/10 2024  
Participation is limited to 13 people.

Eligibility is open to students 15 years and older attending schools in the Clare & Gilbert Valleys Council area, and other residents who are interested in enjoying the unique perspective of a home hosted visit to Japan.

Delegation members will be the guests of the Bizen City Council for approximately 7 days.

In addition, there will be the opportunity to spend 3 nights in Kyoto the former capital of Japan.

Details of costs, flights, accommodation and responsibility will be given at a gathering after Expressions of interest are received. Approximate cost \$2500.

Expression of interest close on March 31st, 2024.

Please email your expressed interest to petvand@bigpond.net.au



## We are looking for kind and supportive workers who can help our Aged Care clients in their own homes.

We are looking for people to provide cleaning and/or social support services to assist with shopping or attending appointments. We are also looking for people to assist with showering and activities of daily life, and for this activity, you will need a Certificate III or IV in Aged Care or Individual Support.

Our organisation provides services across many country communities, and to do this we hire contractors who can work in their local areas. Having your own business might not be what you first thought of, however it will allow you to pick your own hours on the days that suit you.

So even if you are not sure about starting your own business, have a chat with us anyway.

Call Trudy on 1300 773 202 and let's start the conversation as you may be exactly what we are looking for.



1300 773 202

www.countryhomeservices.org.au







# COMMUNITY NEWS

**ADELAIDE FRINGE**

2024 ON THE FRINGE!  
@ St Joseph's School, Clare  
29 Victoria Rd, Clare


Tickets: [adelaidefringe.com.au](http://adelaidefringe.com.au) 1300 621 255

St Joseph's School is proud to be an official venue for the 2024 Adelaide Fringe!

**SAT 24 FEBRUARY**  
7:00pm  
(Bar open from 6:00pm)  
\$38 pp / \$135 family  
60 mins



**HYPNOTIC**  
MAGIC  
Age suitability: PG (family friendly)




"..... Lomman cleverly combines comedy and hypnosis into one uncontrollable laughter/gasp fest"  
★★★★★  
Eventalade

Isaac Lomman takes volunteers\* from the audience on an hilarious journey conjured up in their incredible imaginations. This fun, mind-blowing, all-ages show is a must see and will give your sides a workout with massive laughs along the way.

\* It is **Volunteers Only**; no one is forced to participate on stage

**GREAT DETECTIVES: ALL NEW MYSTERIES!**  
THEATRE & PHYSICAL THEATRE / COMEDY  
Age suitability: PG\* (family friendly)

**SUN 3 MARCH**  
2:00pm  
(Bar open from 1:00pm)  
\$40 / \$35 conc / \$30 child / \$120 Family  
65 mins





\* Warnings: Loud Noises, Very mild comical audio violence, very mild coarse language and sexual innuendo (ala 1950s radio plays). Previous shows in this series have been enjoyed by people of all ages.

Mystery, comedy & slapstick combine for an afternoon of intrigue as we recreate the experience of attending a 1950s radio recording. Will your powers of deduction solve the crime before our glamorous detectives?

"Superlative performances" - Glam Adelaide  
"A fabulous show" The Clothesline  
"A performance not to be missed" Theatre Now  
★★★★ - The Barefoot Review  
★★★★ - The Advertiser  
★★★★ - SamAboutTown

**SAT 9 MARCH**  
8:00pm  
(Bar open from 7:00pm)  
\$35 / \$28 conc 60 mins



**UNBRIDLED**  
COMEDY  
Age suitability: MA15+

Nicky Barry & Lucy Best have thrown their jockeys, unhitched their wagons and are running way off course. Through music and comedy their stories will unfold, in the Unwedding of the year!

A joyful comedy about reclaiming your life after a long-term relationship break up.

Take a punt, buy a ticket, sit back - and prepare to be filled with unbridled joy!




Unbridled ... leaves you wanting more, much more. Sheer comic panache!  
★★★★☆  
ArtsHub

Tickets are on sale now!!  
[adelaidefringe.com.au](http://adelaidefringe.com.au) 1300 621 255

Bar opens 1 hr prior to each performance

**Trinity College**  
a World of Opportunity



**Trinity College Interschool Gymkhana**  
Friday, 10 May 2024

**5 rings**

- Show Jumping
- Open Show Horse
- Encourage Show Horse
- Topsy
- Novelties


Memorial Trophies, High Points  
Champions and Supremes, Ribbons and Prizes

Trinity College Equestrian Centre  
Corner Bentley and Tiver Roads, Evanston South

Gate opens at 7.00am | Entry form to be emailed to Leanne Tripa ([ltripale@trinity.sa.edu.au](mailto:ltripale@trinity.sa.edu.au)) by 5pm on Friday, 12 April 2024.

Payment of entries on the day

For enquiries, please contact:  
Helen Barnes  
0408 834 143 | [hbarnes1962@icloud.com](mailto:hbarnes1962@icloud.com)



**INTERNATIONAL SPORTS CAMPS**  
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JUNIOR PROGRAM: PLAYERS AGED 7 TO 12.  
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HENLEY BEACH  
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## PASTORAL CARE R-9 SEQUENCE OF LEARNING/FOCUS SOCIAL-EMOTIONAL CONCEPTS

### **Term 1 - Emotions and Wellbeing**

Students develop a stronger understanding of their values and character strengths, and those of others. They learn to identify their emotions and build emotional resilience. Students experience and build positive emotions in their lives such as joy, love and gratitude. They are led in practising mindfulness and resilience techniques to promote greater health outcomes. Students are supported to develop broader healthy behaviour in terms of exercise, nutrition and sleep. Students develop sustainable habits for optimal physical and psychological health.

YCDI Focus - Emotional Resilience

Key Ideas/Learning - Wellbeing, Classroom Values, Character Strengths, Emotions/Emotional Regulation, Emotional Resilience, Mindfulness, Breathing Techniques, Gratitude, Healthy Habits

### **Term 2 - Positive Relationships**

Students develop social and emotional skills that nourish their relationships with themselves and others. They explore the importance of connectedness and strong relationships for wellbeing. They develop skills in effective communication, collaboration and responding to the needs of others. Students are empowered to navigate the online social world with the knowledge of how to interact with others responsibly.

YCDI Focus - Getting Along

Key Ideas/Learning - Relationships, Getting Along, eSafety

### **Term 3 - Achievement**

Empowering individual growth through striving for and achieving meaningful outcomes. Students embrace challenges with a growth mindset, grit, persistence and confidence. Students can set goals and build a sense of self management.

YCDI Focus - Confidence, Persistence, Organisation

Key Ideas/Learning - Confidence, Persistence, Organisation, Growth Mindset, Grit/Determination, Goal Setting, Teamwork

### **Term 4 - Empower**

Students grow to appreciate diversity and contribute to a civil society. Students draw on their character strengths to contribute to the benefit of others and the wider community. Students are confident in who they are and are ready to make a difference. Students demonstrate empathy and responsibility.

YCDI Focus - All (review/apply)

Key Ideas/Learning - Community, Involvement, Responsibility, Empathy, Kindness, Leadership







# R-6 2024 SPORTS CALENDAR

[www.education.sa.gov.au/sport](http://www.education.sa.gov.au/sport) <https://sacpssa.com.au/>

Week	JAN 29 – APRIL 12	APRIL 29 – JULY 5	JULY 22 – SEPT 27	OCT 14 – DEC 20
1	29 Jan – 2 Feb	29 April – 3 May 1 <sup>st</sup> May WINTER HUB#1 @ Blyth (Girls Netball, Boys Football)	22 July – 26 July	14 Oct – 18 Oct
2	5 Feb – 9 Feb	6 May – 10 May 10 May – Primary Mountain Bike (Surt Gorge)	29 July – 2 August	21 Oct – 25 Oct
3	12 Feb – 16 Feb	13 May – 17 May 13 <sup>th</sup> May CROSS COUNTRY Burra	29 <sup>th</sup> July Golf Clinic Kapunda	21 Oct – 23 Oct SAPSASA Football (Girls)
4	19 Feb – 23 Feb	20 May – 24 May 22 <sup>nd</sup> May WINTER HUB#2 @ Riverton (Boys Netball, Girls Football)	5 Aug – 9 Aug 7 <sup>th</sup> Aug BASKETBALL CARNIVAL @Balak 7 <sup>th</sup> Aug SACPSSA Cross Country (Adel)	28 Oct – 1 Nov 1 <sup>st</sup> Nov SACPSSA Athletic (Mile End Stadium) Section 3
5	26 Feb – 1 March 27 <sup>th</sup> Feb SUMMER HUB @ Clare (Cricket, Tennis & Softball)	27 May – 31 May 27 May - 29 May SAPSASA Football (Boys)	12 Aug – 16 Aug 12 <sup>th</sup> August Golf Tournament Kapunda 14-16 SAPSASA Soccer (Boys and Girls)	4 Nov – 9 Nov 4-6 Nov SAPSASA Cricket (Boys & Girls)
6	4 March – 8 March	3 June – 7 June 6 June – Cross Country (Oakbank)	26 Aug – 30 Aug 30 <sup>th</sup> Aug ATHLETICS @ Clare	11 Nov – 15 Nov
7	11 March – 15 March	10 June – 14 June	2 Sept – 6 Sept	18 Nov – 22 Nov
8	18 March – 22 March 18 <sup>th</sup> Mar SWIMMING CARNIVAL @Clare 22 <sup>nd</sup> Mar SACPSSA Swimming Carnival (MN/YP 10am-1pm)	17 June – 21 June	9 Sept - 13 Sept 9 – 11 Sept SAPSASA Hockey (Boys and Girls) 12-13 Sept Tennis SA Hotshots Tennis Carnival @ Clare	25 Nov – 29 Nov 20-22 Nov SAPSASA Tennis (Boys & Girls)
9	25 March – 29 March 29 <sup>th</sup> Good Friday 26 <sup>th</sup> Mar SACPSSA Swimming Carnival (Burnside 9am: Section 2) 25-27 March SAPSASA Softball, Girls	24 June – 28 June 24-26 June SAPSASA Netball (Girls and Boys)	16 Sept – 20 Sept 16/17 Sept Athletics, Athletics SA Stadium	2 Dec – 6 Dec 9 Dec – 13 Dec
10	1 April – 5 April 1 <sup>st</sup> April Easter Monday	1 July - 5 July	23 Sept – 27 Sept	16 Dec – 20 Dec PUPIL FREE WEEK
11	8 April – 12 April 8 April State Swimming			

MID NORTH DISTRICT EVENTS 2024

STATE SAPSASA CARNIVALS

SACPSSA EVENTS (Catholic School Events)

SCHOOL SPORT SA EVENTS 2024