

ST JOSEPH'S SCHOOL To live, to learn, love in all things

Proudly learning on Ngadjuri land

MARCH 28, 2024

WEEK 9, TERM 1

IMPORTANT DATES

ΝЛ	СП	
IVI	СП	

Frid 29th Good Friday

APRIL

Mon 1st Easter Monday Sun 7th Clare Valley Fun Run School Picnic Mon 8th

Sapsasa State Champs -

Adelaide

Mon 8th -Year 8 Camp

Thurs 11th

Wed 10th Assembly Frid 12th Last day of Term Mon 29th Term 2 Commences

MAY

Wed 1st Sapsasa Winter Hub &

Blyth

Tues 7th & School Photos

Wed 8th

Student Absences

If your child will be absent from school please either phone the front office (88424400) or advise via email

adminstaff@stjoclar.catholic.edu.

Our admin staff will alert the class teacher.

REMINDER

All volunteers accessing the school grounds must sign in and out at the front office.



ST JOSEPH'S SCHOOL

29 Victoria Road, Clare SA 5453 EMAIL: peters@stjoclar.catholic.edu.au WEBSITE: www.stjoclar.catholic.edu.au

From the Principal...

Dear Parents & Friends of St Joseph's School, Clare,

VOLUNTEERS

Sincere thanks to all parents and friends of the school who volunteer their time and put effort into assisting our students and staff. Your help supports better outcomes for our students.

Over the last couple of weeks, we have had parents and friends working in a number of

- Listening to reading (we have seen a significant increase in the number of people doing this, which is fantastic)
- Canteen
- Timing and assisting with swimming trials (for Sapsasa and Catholic schools'
- Woodchops for Yr 7 Canberra fundraiser
- Assisting with various sports carnivals
- Working bee activities as we build a new agricultural facility ("Lot 21")
- Donating goods and materials to assist with the building of our ag facility
- Parents taking on roles in the P&F and School Board.

We hope that you are enjoying these opportunities. As a school, we always appreciate your assistance and commitment.

I would like to take this opportunity to thank Nicola McMurray who has the unenvious job of ensuring that all paperwork in relation to volunteering is completed. This task may seem trivial and/or repetitive to some, but the reality is we need to ensure we comply with legislative requirements that are, most importantly, designed to keep the most significant people in our lives, safe - the children in our school.

PICNIC

Take 3! We are looking forward to holding our 'almost' beginning of year School Picnic.

Monday 8 April, 6pm Middle School lawns/

This year, we will host the event on the grounds outside the Middle School and Hall. Many people haven't had the chance to visit the new buildings, so we are pleased that some of our Middle School student leaders will conduct tours during the evening. The School Board will be providing Pancakes!

Please BYO: Food, Drink, Picnic Rug &/or Chairs

Last week, we held the Annual General Meetings for the both the P&F and our School Board. This was a fantastic opportunity to celebrate the myriad events and achievements that helped shape 2023. The reports presented at the meeting, detailing all our achievements, are now available on our website. A snapshot of these is summarised in the infographic included with this newsletter.

We also had the opportunity to thank the many people who contributed in significant ways throughout 2023 and those taking on leadership roles in 2024. Below is a summary of our P&F and School Board for this year.

2024 School Board:

Chairperson: Matt Butler Vice-Chair: Olivia Barry Treasurer: Denny Polden Parish Priest: Fr Kieran Gill, SJ Principal: Peter Shear P&F Rep: Jess Redden

Staff Rep: Michelle Edmondson

Committee: Carlyn Sherriff

Melissa Jones Matt Ward

Minute Secretary: Sarah Werfel

2024 P&F Committee:

President: Sophie Millington

To be filled Vice-President:

Secretary: Amanda Redden Treasurer: Sarah Werfel Board Representative: Jess Redden Uniform: Vicky Smith

Fete: Stacey Butler, Kristy Woodlands Parent Welcome/Farewell Dinners:

Laura Davidson, Alice Duncan, Kelli Shanahan

Canteen 2024:

Jane Adams, Jen Chestnut, Amy O'Shea-Coulter, Vicky Stewart, Fiona Sullivan, Amy Trengove, Yana Zanette, Helen Hay

Bakery Drives: Catherine Driscoll Fundraising/Catering: Sophie Millington

Class Representatives:

Alice Duncan, Laura Davidson, Jess Redden, Beth Reid, Step Coles, Melanie Considine, Laura Baraglia, Peggy Mitchell, Yana Zanette, Cassie Fuller, Ben Kerslake, Fiona Sullivan, Lehmann, Megan Jaeschke, Kate Wehr, Hollie

Phone: (08) 8842 4400 | www.stjoclar.catholic.edu.au

REPORT

For year ended



31-Dec-2023 **ACADEMICS**



- BUILDING & DEVELOPMENT









EXTRA CURRICULA

CATHOLIC CULTURE



CESA STRATEGIES

ARTS & MUSIC

338





FINANCES

SPORT



Full, detailed report available on our school website: www.stjoclar.catholic.edu.au>About Us>Annual Report TO LIVE, TO LEARN, LOVE IN ALL THINGS

ARENT SATISFACTION DAT

31-Dec-2023 For year ended REPORT A SOUND THINGS AT YO LEARN

Students

WORKFORCE COMPOSITION

Staff

	91.68%	Year 9
90.03%	90.97%	Year 8
87.57%	91.96%	Year 7
89.95%	92.78%	Year 6
90.98%	92.05%	Year 5
90.61%	94.00%	Year 4
90.80%	92.01%	Year 3
89.61%	93.18%	Year 2
88.93%	91.64%	Year 1
81.12%	87.50%	Reception
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Part-Time

Full-Time

Our first cohort of Year 9s since 1967 graduated in 2023, and continued their secondary education at the following schools:

Loreto College Prince Alfred College Sacred Heart College Seymour College Trinity College Encounter Lutheran College Horizon Christian School Clare High School

Full, detailed report available on our school website: www.stjoclar.catholic.edu.au>About Us>Annual Report

TO LIVE, TO LEARN, LOVE IN ALL THINGS



PARENT TEACHER CONVERSATIONS

Over the past couple of weeks the staff have invited parents to attend the Parent Teacher Conversations or 3 way interviews. This has provided the opportunity to celebrate successes, clarify and unpack expectations, set goals and basically further develop the partnership between home and school, I trust you found them informative and worthwhile. I would like to thank the staff for their commitment and preparation in presenting these opportunities. There is an enormous amount of work involved in the preparation which I don't take for granted.

ASSEMBLY

Program Achieve Awards/Honour Students

As we approach the end of the Term we invite you to the final assembly which will be held in week 11 (Wednesday April 10) at 9am. It is a great opportunity to celebrate successes and areas of growth.

At assembly, each class presents Program Achieve Awards to their students. This is for students who may have made significant gains in Program Achieve area -

- set goals in a PA area and achieved these.
- completed a task or activity which demonstrated a high level in a PA area.
- incorporates a number of PA keys to be awarded overall PA.

The keys demonstrate the importance of social and emotional learning. Social & Emotional skills are key to how we understand and manage ourselves, relate to others and make positive and responsible decisions.

At St Joseph's School Clare, we learn about and develop 5 core social and emotional strengths that help us build positive outcomes. These are called our 5 keys - Persistence, Getting Along, Resilience, Confidence & Organisation.

The Honour Award is presented to students who are outstanding in all areas, these students are selected by the class teacher. It should be noted that these are difficult to receive as they are awarded to each year level alternatively eg. Term 1 Week 6 Rec, Term 1 Week 11 Year 1 etc.



BUSES

Over the last couple of weeks the local schools have met with Katie Liebelt (Assistant Principal) and Elise O'Neil (bus co-ordinator) from CHS to further improve the behaviour and the experience, the enjoyment and most importantly the safety of bus travel.

At our last meeting we were able to share our concerns, issues, expectations, experiences and what we wanted to improve. We also discussed the roles and responsibilities of the bus drivers.

The meeting finished with a list probably longer than when we started. As a result I attended another meeting this week with the Departments Coordinator of Transport Services Unit to help us achieve, clarify or set a plan to understand the information to provide safer and enjoyable travel on the buses.

CONGRATULATIONS

Chris Slattery has been awarded Chris receiving his award

the Stanley Cricket Associations "Presidents Volunteer of the Year". When Stanley President (Shane Weckert) announced the award he explained that Chris was very passionate about junior cricket in the whole of the Mid North (not just Stanley). This is evident by



his coaching at Clare Cougars level, Sapsasa, plus the Mid North Zone teams and is also a junior delegate.

Chris still takes the opportunity to play cricket, not for his benefit, but to enjoy and assist juniors entering into senior

Congratulations Chris, we are very proud of you and your award.

SPORT

Sapsasa Swimming

On Monday March 18, 17 students represented St Joseph's School Clare at the Mid North Sapsasa Swimming Carnival held here at Clare. Our students excelled on the night with many Personal Best's and outstanding performances. Our students won the overall carnival and even gained the highest score in the total points divided by participants. Fourteen of our students have been chosen to represent the Mid North at the Sapsasa State Country Swimming Championships which will be held on Monday April 8 - congratulations to the following students -

Olive H, Lucy H, Caitlin S, Ella W, Clara O, Matilda M, Eliza S, Tess C, Cody W, Seb M, Jensen H, Ari B, Daniel B & Eli S.

Sincere thanks to Brooke Stockman who coordinated the whole carnival and will coach the District team, Chris Slattery for his assistance on the night and to the parents who assisted throughout the night.

An individual highlight of the evening was Clara's swim in the 10 Year girls 50m backstroke where she broke a record which has been held since 2005.







Codv & Olive

Tennis

FROM THE PRINCIPAL

Basketball

On the March long weekend Ellie, Sophia, Millie and Amali represented the Under 14's girls Bullants' basketball team for Country Championships in Adelaide. We played 5 different regions and ended up winning the Grand Final, Undefeated. Thank you to Gabbi Scobie for coaching and Katie Liebelt for team managing.

The Under 14's Boys team (Eddie and Hugo) played all their games at the Wayville State Basketball Stadium. They played 3 games, winning 2 and losing 1 and made it to a quarter final

and won by 10. This led them to a semifinal, where they unfortunately lost by 4 points to Barossa. Thank you to the coach, Adrian McCarthy and team manager Bernadette McCarthy.

We all learnt a lot and improved our basketball skills, we also had a great time supporting each other and having fun on and off the court.



Ellie, Amali, Millie & Sophia

Amali, Ellie, Millie, Hugo and Eddie

You're invited to join us for ST JOSEPH'S SCHOOL PICNIC MON, APR 8 / 6:00PM on the lawns of the Middle School BYO: FOOD, DRINKS, PICNIC RUG &/OR CHAIRS Pancakes will be served by the School Board A great way to meet and greet new families and connect with staff

On Sunday 24 March, Sophie competed in a tournament as part of the Tennis Australia Junior Development Series. The tournament was held in Port Pirie and Sophie was entered in the U12 Girls division and played 3 games winning all of them. Sophie is pictured below with her medal. Well done, great achievement.



Sophie with her medal

MNYP SACPASA SWIMING

On Friday March 22, the first of 2 SACPASA swimming carnivals kicked off at the Valleys Lifestyle Centre in Clare. St Joseph's took a team of 17 swimmers across Years 3-6. Conditions were perfect for swimming and it was great to see 5 other country Catholic Schools come along to compete on the day. It is a big day for our year 3's as they compete in a school swimming event for the first time. We finished 2nd to St James Jamestown by a mere 15 points.

Year 4 swimmer Lucy received the Year 4 Age Champion Medal for the most points scored by a Year 4 swimmer, swimming in all 4 events: Freestyle, Backstroke, Breaststroke and the Relay with Eliza, Luka and Nnamdi.

Our year 6 representatives consisting of Ella, Franzi, Caitlin and Chinyere, received the Year 6 Age Champion Flag for collaborating as a team to gain the highest points scored in their age group across all their swims.

Well done to all swimmers.

Brooke Stockman





HOUSE CAPTAINS MACKILLOP



Matthew Bennett



Ebony Pearse



Ellie Ruffles



Lincoln Jaeschke

LENNON



Hudson Ward



Matilda Kells



Amali Murphy



Henry Sullivan

CLEARY



Lucy Green



Codie Palmer



Elle Arnold



Cody Woodlands

BURKE



Nick Gray



Syd Mitchell



Tess Chapman



Chinyere Alozie

a fairly low key activity of making a display for our Middle School building to show the spirit of connection. We did

LOT 21 UPDATE

We sought assistance and our community has come running! A huge thank you to the many offers of assistance and donations. There has been a hugely positive response from our whole community from Reception parents to recently graduated Year 9 parents. Notably, no grandparents have offered their support, this is not at all a criticism, but a challenge for us to better connect with this aspect of our community. Any suggestions or feedback on this aspect would be greatly appreciated.

In the last week we have seen the front hedge be expertly pruned by an enthusiastic group of dads who came in, worked hard and then enjoyed some fellowship afterwards at the Sevenhill Hotel. Thanks to Jammie Drummond for coordinating, Mark O'Meagher, Tim Niedorfer, Luke Mensforth and children in this project. We have had a delivery of beautifully composted cow manure from Princes Royal feed lot, donated by the Mitchell family. Ben Coles, with help from David Mitchell came in and started enriching the soil with organic matter and started to form the garden beds. Trenching and irrigation work were installed over the weekend by a small but mighty working party of Meredith Crawford, Patrick Redden and Nic Jones.

We are well on the way to getting the first seeds in the ground.



MIDDLE SCHOOL

The past couple of weeks has been action packed, NAPLAN has been a big feature of this time with our students taking on this assessment program with a positive attitude and approached each test with diligence. We have had our students take part in 2 athletics carnivals, with records broken, age champions and some hugely exciting relay races. For our Year 7's this is their first taste of the secondary competitions where they have the opportunity to take part in Javelin and Triple Jump. These events are always a highlight and each year the Year 7s make the same comments about the size of the Year 12 boys competing and the amount of facial hair they have!

The Year 9s have been out to Sevenhill to celebrate the Stations of the Cross in the grounds around the dam. This walk is always a beautiful one and offers a real opportunity to connect with the Passion.

The feedback so far from our 3 way interviews has been positive. It has been great to have the conversation around effort and our learner behaviours. We think that this process sets our students up for a successful remainder of the year. Harmony Day in the Middle School was really nice, we had

a fairly low key activity of making a display for our Middle School building to show the spirit of connection. We did this activity during our Make A Difference time and it was great to see our students working together from Year 7 to Year 9. Again, we are finding that the more we are sharing time between year levels is being really effective with the connection between students and the "vibe" in the yard. Have a safe Easter!



God Bless Tom Gilligan - Assistant Principal



ATHLETICS

Athletics has been a focus in the middle school with the Lower North Carnival held at Kapunda on Thursday 21st and State Track and Field in SA Athletics Stadium in Adelaide on Monday the 25th.

35 students from our 7-9 year levels participated in The Lower North Carnival and shared many successes and highlights. Notably, Tyson broke the U14 boys 100m sprint

Millie and Sophie received runner up aged champion for 13U and 14U girls respectively. Tyson won the overall aged champion as well as being selected to take part in the handicap race.

Leah Carling



Tyson, Millie & Sophie

THE APRIM

The Team

Sophie - Long Jump



Jackson - running

George - Javelin



Will N, George, Eddie, Will M, Jack



Our last family Mass was celebrated on Sunday March 17, the 5th Sunday of Lent. Thank you to all the families who attended and helped by undertaking ministries. We had helpers ranging from pre-school through to Year 10. Many of our 2024 Sacramental candidates attended this Mass. It is not too late to enrol in the 2024 Sacrament Program. Please contact Helen Hay or Fr Kieran Gill S.J for more information.



Family Mass



HOLY WEEK

Throughout Holy Week, classes have commemorated the events that took place from Palm Sunday until the Crucifixion of our Lord Jesus Christ on Good Friday. Thank you to all the teachers and students for their preparation and time spent focussing on what is considered the most important time in the Christian Calendar.

On Tuesday April 2, the Year 2/3 class will lead a prayer and presentation of Jesus Resurrection at Easter for the R-6 classes in the Church



Year 4 Lang - Palm Sunday Liturgy



Millie, Macy & Maddie

FROM THE APRIM

Year 4 Lang - Palm Sunday Liturgy



Year 6 - Last Supper



THE EASTER SEASON EXPLAINED

The Easter Triduum holds a special place in the Catholic Churches' liturgical year because it marks the culmination of the yearly celebration in proclaiming the Passion and Resurrection of Jesus Christ. The Latin word triduum refers to a period of three days and has long been used to describe various three-day observances.

The Easter Triduum begins with the evening Mass of the Lord's Supper on Holy Thursday and "reaches its high point in the Easter Vigil, closing with evening prayer on Easter Sunday".

HOLY THURSDAY, LORDS SUPPER

The Triduum begins with the evening Mass of the Lord's Supper on Holy Thursday to remember the Last Supper when Jesus gathered with the disciples to celebrate Passover. The traditional English name for this day, "Maundy Thursday", comes from the Latin phrase Mandatum novum — "a new command" (or mandate) — which comes from Christ's words: "A new commandment I give to you, that you love one another; even as I have loved you, that you also love one another" (Jn 13:34).

There are 2 key rituals that stand out at this service.

1. 1. The Washing of the Feet

Jesus took a basin and washed the feet of the disciples, something that only a servant would normally do. He commanded his disciples to serve others as he had "I have given you a model to follow, so that as I have done for you, you should also do" (John 13:15).

Celebration of the Eucharist and the Eucharistic Procession

At the very first Last Supper, Jesus instituted the Eucharist for the Church. We are reminded that, through the sacrament of the Eucharist, we are, and we become even more the Body of Christ together.

There is no concluding prayer at this Mass. Once the celebration of the Eucharist is completed, there is a Eucharistic Procession (where the Eucharist that is left from Communion is processed to a Chapel of Reservation). This reminds us of Jesus' time in the garden of Gethsemane when he prayed through the night. The community is invited to join the procession and then join in the silent prayer and adoration until night prayer is prayed and the Eucharist is put in the Tabernacle. The congregation leaves in silence only to return in prayer the next day for the Good Friday celebration.

GOOD FRIDAY / VENERATION OF THE CROSS

The liturgy of the Lord's Passion consists of three parts: the liturgy of the Word, the veneration of the Cross, and the reception of Communion. The ceremony on Good Friday is not a Mass—it is a communion service using the consecrated hosts from Holy Thursday. Good Friday is the only day of the year where no Masses are offered. The ceremony generally takes place at 3 p.m., the hour that Jesus breathed his last on the cross.

The altar looks very different on Good Friday: it is plain and bare. There is no consecrated Host in the tabernacle at the main altar; it was carried away on Holy Thursday night to the "altar of repose" to signify Jesus' death. The candle or light by the tabernacle is out, and the tabernacle doors are left open to show that it is empty. Jesus is gone. This is quite dramatic, reminding us that Good Friday is a solemn day of mourning and prayer. This day commemorates the Passion, Cross, and death of Jesus Christ, and is therefore a day of fasting.

The cross is venerated (shown reverence) after intercessory prayers. The cross is covered in a veil and brought out in procession. The priest takes the cross, the upper part of the cross is uncovered, then the right arm of the cross, and then the entire cross. As each part is unveiled, the priest sings, "This is the wood of the cross." The rest of the congregation are then invited to approach and venerate the cross by touching or kissing it. In this way each person demonstrates their willingness to take up their cross and follow Christ.

HOLY SATURDAY AND EASTER VIGIL

The Easter is the high point of the Easter Triduum and is filled with an abundance of readings, symbols, ceremony, and sacraments.

The Easter Vigil, the Church states, ranks "the mother of all vigils". Being a vigil — a time of anticipation and preparation — it takes place at night, starting after nightfall and finishing before daybreak on Easter, thus beginning and ending in darkness. It consists of four general parts: the Service of Light, the Liturgy of the Word, Christian Initiation, and

FROM THE APRIM

Liturgy of the Eucharist.

The Service of Light begins outdoors (or in a space outside of the main sanctuary) and in darkness. A fire is lit and blessed, and then the Paschal candle, which symbolises the light of Christ, is lit from the fire by the priest, who proclaims: "May the light of Christ, rising in glory, dispel the darkness of our hearts and minds." The Paschal candle will be placed in the sanctuary for the Easter season, then moved to the baptismal area so that during the sacrament of baptism, the candles of the baptised can be lit from it.

The Liturgy of the Word follows, consisting of seven readings from the Old Testament and two from the New Testament. These readings include the story of creation (Genesis 1 and 2), Abraham and Isaac (Genesis 22), the story of Moses and the Exodus, through to the Gospel of Luke about the empty tomb discovered on Easter morning (Luke 24:1-21). Not all churches necessarily do all the readings, but the purpose is to recall how God has supported humanity from the beginning and that God is present in our lives still today.

The Easter Vigil has been the time for adult converts to be baptised and enter the Church. After the conclusion of the Liturgy of the Word, catechumens (those who have never been baptised) and candidates (those who have been baptised in a non-Catholic Christian denomination) are initiated into the Church by (respectively) baptism and confirmation. The faithful are sprinkled with holy water and renew their baptismal vows and all adult candidates are confirmed.

EASTER SUNDAY

Easter is the celebration of Christ's resurrection from the dead. It is celebrated on Sunday, and marks the end of Holy Week, and is the beginning of the Easter season in the liturgical year.

As we know from the Gospels, Jesus Christ rose from the dead on the third day following his crucifixion. His resurrection marks the triumph of good over evil, sin and death. It is the singular event which proves that those who trust in God and accept Christ will be raised from the dead.

Since Easter represents the fulfillment of God's promises to humankind, it is the most important holiday on the Christian calendar.

In the Gospels, the exact details of the Easter narrative vary slightly, but none of these are critical to the main story as the key aspects of the Easter story all match. They all agree that the tomb of Christ was empty, which is the most essential fact

The Easter date is movable and always falls on a Sunday between March 22 and April 25. Easter in the Roman Catholic Church is always on the first Sunday after the first full moon after the spring equinox.

Following Easter Sunday, the season of Easter begins and ends 50 days later with Pentecost, the birth of the Christian

May you experience the joy of new life in your own way this Easter Season as we contemplate how we can carry on the resurrection to others.

Assistant Principal- Religious Identity and Mission

WELLBEING

As parents, we generally do everything we can to keep our children safe and well, from getting them to 'slip, slop, slap' before going out in the sun, to being careful when crossing a road and always wearing a helmet when cycling. But what are you doing to protect them from bullies, predators and inappropriate content online?

Let's face it, the internet is here to stay and with eightythree per cent of Australian teens going online three or more times daily (and this is increasing with more and more teens having smartphones), it's time, if you haven't already, to introduce some cyber safety know how to your parenting toolkit. Here's ten tips to get you started.

Talk openly with your child about their online activity

As soon as your child starts accessing the internet, talk to them about what they are reading, watching and who they are communicating with online – and keep the conversation going as they grow older. Ask your child what sites they visit or apps they use, write a list, and look at them together. Talk to your child about what you think is appropriate, and remind them that this may be different for other parents and their children.

Listen to your child and reach an agreement about what is right for your family. Remember the time will come when they will access the internet outside the safety of home and you want them to be prepared for that.

It's vital to teach them about their online reputation, too,

and how they must be careful about how they behave, interact with people and represent themselves in such public forum. They must always remember that the internet isn't private.



2. Keep screens and devices where you can see them

Always monitor your child's time online, particularly younger children. Keep the computer in a central spot in the home where it's easy to keep an eye on what your child is doing and viewing online. For mobile devices, you can set them to forget Wi-Fi passcodes so your children can not go online without you knowing. You can also try to make an agreement that there are no tablets, laptops or gaming in bedrooms.

You need to establish a 'Family Online Safety Agreement'. A key element of an agreement is a set rule around placing phones and other devices in a designated area ("the kitchen bench") each night at an appropriate time (eg. older children 8:30pm) to ensure phones/devices are not being accessed during the night. Rules around phones and access to any online platforms must be provided as students are not able to make these decisions without parental guidance. We know that if one parent says no, it makes it much easier for others. If we all have a similar approach the negative impact can be lessened. We need to support each other.

For younger children, you might also consider checking browser histories after your child has been online to see what sites they are visiting. This approach obviously gets harder as children grow older and work out how to clear histories - which is more reason to open the lines of communication about internet use at an early age.



WELLBEING

3. Know your parental controls

Innocent searches online can lead to not-so-innocent results, so it's wise to know how to use the parental controls/search restrictions offered by web browsers, internet service provider and devices. For example, the SafeSearch Filters feature on Google will block sites with explicit sexual material. To turn it on, go to Settings/SafeSearch Filters. Although not 100 per cent accurate, parental controls can help prevent your child from seeing and accessing most violent or sexual material. See https://www.internetmatters.org/parental-controls/. Paid for security tools and features will offer extra protection and control.



4. Know who your children's online friends are

As adults, we know that some people online aren't who they say they are, but children and young people can be alarming naïve about who they are chatting with if they are not taught to be cyber wise from an early age.

Make sure you become friends and contacts within your child's social media circles and ensure you monitor posts. Your children may resist but tell them that is one of the conditions for you to allow them access.

5. Be 'share aware' to protect your privacy

If your child is a regular user of social networks, they must be aware of the risk of personal information or images being made public once they post it. While they won't fully understand the consequences of revealing personal information online, you should teach them to be cautious and thoughtful about what they post and share. Encourage your children to ask themselves before posting anything if the information (i.e. name, phone number, home address, email, name of school) or photo is something they would give a stranger. If the answer is no, don't post it.

If your child is sharing photos or posts online ask your child to let you see what they are sharing or ask an older sibling to check any photos before they're shared.

6. Keep control of your family's digital footprint

Every picture and personal detail that is posted and shared on social media and the internet contributes to someone's digital footprint. The big risk with this is that once information is shared publicly, it can be used in ways you may not expect and cannot control. You should also assume that anything that is put online is permanent (it can sometimes be deleted but not always before others have seen it and saved it). For this reason, children and young people need to be smart about protecting their images and information. The same goes for parents who regularly post pictures of their children's online.

Teach your child to stay in control of their digital footprint, by only sharing with people who they know and trust. Rather

than posting to all their friends on social media, encourage them to be selective and use the privacy settings on the social media platforms they use.

7. Teach your children to keep their location private

Most apps, networks and devices have geo-tagging features which make your whereabouts public and can lead someone directly to you. These features should be turned off for obvious privacy and safety reasons. Digital photos also contain metadata (information about the time, date and GPS coordinates) which may reveal more then you want to. Some social media platforms automatically hide or remove this data, but not all, so do your homework and know how much info you're sharing.

8. Keep track of online time

The Australian Physical Activity and Sedentary Behaviour Guidelines recommend children between the age of five and 17 should have no more than two hours of screen time a day. So, it's important to monitor your child's online time, particularly younger children, to ensure they do not develop bad habits. Get your children to agree on a period of time, say 30 minutes per session, and set a timer to go off – don't forget to make this a non-negotiable finish time. You should also switch off the home Wi-Fi at a set time each night (ideally before bedtime) so everyone has some 'timeout' from the internet. You can also try making some days 'screen-free' in your home to encourage everyone to pursue other more active and/or less technology-driven ways to entertain themselves.

9. Be #SocialNetworkSavvy

Educate yourself on ways to be safe on social networks so that you can give the best advice to your children. Sign up to the social networks and apps your children are using and find out how to use the privacy settings and reporting mechanisms. Talk about how they can stay safe on social networks, including talking to a trusted person when they are worried, and being aware of what constitutes online bullying – both as a perpetrator and a victim.

If your child uses social networks, be sure they know how to:

- Report inappropriate and/or offensive posts
- Block someone
- Keep information private

10. Lead by example

Lead by example and always model the kind of positive online behaviour you would like your children to use. If they see you being cautious and respectable when you are online, they are more likely to follow in your footsteps. And, yes, this includes limiting your own screen time.

Ultimately, you don't want to instil fear in your child or prevent them from experiencing the many educational, entertainment, social and other benefits of the internet, but rather give them the skills and knowledge they need to know how to make the most of it and avoid the dangers.

Useful websites

https://www.esafety.gov.au/

https://kidshelpline.com.au/kids/get-help/webchat-counselling/

Delvene Mathie Wellbeing





The Premier's Reading Challenge (PRC) is a literacy engagement program that aims to:

- Encourage students to read more books and enjoy reading.
- Improve literacy levels.

The Challenge requires students to read 12 books between the beginning of the school year and September 6th, 2024.

Students in Reception to Year 6 select read at least 8 books from the booklist on the Premier's Reading Challenge website, and 4 books of their own choice, while Year 7-9 students read at least 8 books of their choice, and 4 from the Premier's Reading Challenge booklist.

Students who complete the Challenge receive awards for their achievements, ranging from a certificate in their first year, to a Reader for Life medal in their eighth year. We also have a school celebration in Term 4 for those that complete the challenge.

How do we know what books to read?

You can use the handy PRC stickers to identify suitable books:

- Reception to Year 2 (red)
- Year 3 -5 (green)
- Year 6-9 (yellow)



These are on school library books, books at Public Libraries, or they can be identified by searching the PRC website – book list https://premiersreadingchallenge.sa.edu.au/book-list/

What do we need to do?

Your child will receive a PRC form to complete – you need to encourage them to read 12 books between now and September 6th, sign their form and encourage them to enjoy reading!

If you have any questions, ask your classroom teacher or check out the website https://premiersreadingchallenge.sa.edu.au/



YEAR 2 SCIENCE

In Science our Yr 2 class has been learning about tools that Indigenous Australians used and how they created them from using materials in the environment. We learnt about weaving and how this method was used to create many useful tools for Indigenous Australians.

PIC.COLLAGE

ST TOS PATCH

Still no rain!!!! Boy could the garden do with a rain, we are trying to keep it watered and happy but there is nothing like a good rain to revitalise the plants.

There are still lots of tomatoes, silver beet, basil and eggplant for you all to help yourself to. We have now planted lettuces and a green manure crop to freshen up the soil where the tomatoes have been. A big thank you to the Clare Golf Club who donated a trailer load of pine bark mulch, Percy and Cullen (with the help of Jodie) shovelled the mulch while Henry raked it over the garden beds. We are looking for some aged sheep manure to top up our garden beds, if you have some that you could possibly donate it could be left in the garden (in bags) and we can return the bags after the holidays. Cullen, Percy & Henry picked and cut up some green apples from "The Patch" tree and took them back to the Year 5 classroom to share.

Wishing you all a very safe, happy and Holy Easter - will be a great weekend to get out in your own gardens and enjoy the sunshine.

Jenny Vine

EASTER POPCORN ROCKYROAD

INGREDIENTS

250g dark chocolate 2 x 40g pkts Ready to Eat Popcorn 125g pkt Mini Easter Eggs 1 cup Pink & White Mallows 12 Cadbury Mini Easter Eggs, extra Coles Rainbow Confetti, to sprinkle

METHOD

Step 1

Line a 12-hole, 1 1/3-cup (80ml) capacity muffin pan with paper cases.

Step 2

Place the chocolate in a heatproof bowl over a saucepan of simmering water (make sure the bowl doesn't touch the water). Cook, stirring occasionally, for 5 mins or until chocolate melts and is smooth. Set aside for 5 mins to cool.

Step 3

Combine the popcorn, chocolate eggs and marshmallows in a bowl. Pour over the melted chocolate and stir to combine. Spoon popcorn mixture evenly among the paper cases. Top with extra chocolate eggs and sprinkle with rainbow confetti. Place in the fridge for 2 hours or until set.





Percy & Cullen emptying the mulch out of the trailer

WANTED

Bags of aged sheep manure
- if you can help please
drop off at St Jo's Patch,
bags will be returned after
holidays





Henry raking the mulch



Cullen, Percy & Henry cutting up the garden apples to share with their

Joke of the week

Q: How does the Easter Bunny stay fit?

A: With lots of Eggs-ercise!



With Term 1 rapidly drawing to an end and the weather becoming cooler, it's time for a few uniform reminders:

In terms 2 and 3, our girls will be required to change from white socks/sandals with the school dress to navy socks or tights. We have both navy crew and navy knee-high styles available in the uniform shop and tights start from size 3-5. Order on Okr!.

A reminder also, that we have some great quality, sport socks available in both quarter crew (ankle length) and crew (mid-calf length), with a padded, anti-bacterial sole. Order on Qkr!

Warm, waterproof navy jackets and beanies are stocked up and ready to go. Please remember if your child wishes to wear non-school provided accessories, (eg. scarves or gloves), they need to be PLAIN NAVY ONLY. Please note that we currently only stock the jackets in children's sizes to 16, please let us know if you'd like a bigger size and we will consider stocking these if there is enough interest.

We also have long, grey pants and long-sleeved blue shirts available to purchase. (Please note these shirts do not come with the school logo.)

As per the school policy ALL students are required to have no hair hanging in their faces and along with hair longer than collar-length, needs to be tied up for hygiene, presentation and distraction purposes.

TRACK PANTS AVAILABLE TO ORDER NOW

The Uniform Shop will again be providing the opportunity to order track pants for students to wear on sport uniform days during the colder months.

The following styles will be offered and these can be found under the 'Sport Uniform' section of 'School Uniforms'.

PLEASE NOTE: We cannot keep all of these styles, in all sizes, in stock, so we will be ordering as required and this will occur no more than once a week therefore, there will be a short wait time before you receive your order, so we encourage you to order ASAP.

The following styles will be available:

Fleece Double Knee Cuff Trackpants Children's sizes only - 4, 6, 8, 10, 12, 14Y, 16Y

Fleece Cuff Trackpants Children's sizes - 4, 6, 8, 10, 12, 14Y, 16Y Adult sizes - S, M, L, XL, 2XL

Microfibre Straight Leg Trackpants Children's sizes - 10, 12, 14Y, 16Y Adult sizes - S, M, L, XL, 2XL, 3XL

Microfibre Trackpants with zip cuff Children's sizes - 4, 6, 8, 10, 12, 14Y, 16Y Adult sizes - S, M, L, XL, 2XL, 3XL

A selection of these styles and sizes are available to have a look at in the front office. We have done our best to provide options for everyone, taking into account, price, quality and practicality.

Upon viewing the above four selections and you find that none are suitable, please contact Peter direct.

Please note that leggings are not part of the school uniform and track pants are required to be PLAIN NAVY and have no logos or stripes.

Please do not hesitate to contact us if you have any queries.

Uniform Committee



Canteen Roster - Semester 1: 2024

ALL VOLUNTEERS: Must sign in and out at the front office

Term 1

DATE	THURSDAY	DATE	FRIDAY
DATE	9:00am – approx. 11:00am	DAIL	9:00am – approx. 1:30pm
Week 9 (29 th Mar)	NO CANTEEN - GOOD FRIDAY		
Week 10 (4 th Apr)	Amy Abbott	Week 10 (5 th Apr)	Peta Smith
	Gabrielle Jones		Christy Clothier
			Sam Quinn
Week 11 (11 TH Apr)	Geordie Beath	Week 11 (12 TH Apr)	Louise Lehmann
	Amanda Redden		Matt Ward
			Nikki Preuss

Term 2

DATE	THURSDAY 9:00am – approx. 11:00am	DATE	FRIDAY 9:00am – approx. 1:30pm		
Week 1 (2 nd May)	Yana Zanette	Week 1 (3 rd May)	Vicky Stewart		
	Tim White		Bree Christie		
			Andrew Haines		
Week 2 (9 TH May)	Emma Meaney	Week 2 (10 [™] May)	Carlyn Sheriff		
	Kirsty Modystach		Edwina Mitchell		
			Madison Pike		
Week 3 (16 TH May)	Annabelle Ottens	Week 3 (17 th May)	Jen Chestnut		
	Alice Duncan		Miriam Furler		
			Emma Zanette		
Week 4 (23 rd May)	Karyn Heath	Week 4 (24 th May)	Kathrynn Ackland		
	Lucy Drummond		Michelle Weckert		
			Lucy Woolford		
Week 5 (30 th May)	Jane Adams	Week 5 (31st May)	Amy Trengrove		
	Tim White		Samantha Hogben		
			Belinda McDonnell		
Week 6 (6 th Jun)	NO CANTEEN – Pupil free day Fri 7 [™] June				
Week 7 (13 th Jun)	Stacey Butler	Week 7 (14 th Jun)	Sophie Millington		
	Donna Stewart		Natalie Sommerville		
			Nikki Pruess		
Week 8 (20 th Jun)	Kirsty Tilley	Week 8 (21 ST Jun)	Melanie Considine		
	Jaspreet Soodan		Laura Davidson		
			Nadja Uden Moller		
Week 9 (27 th Jun)	Shelley Tregilgas	Week 9 (28 th Jun)	Jen Chestnut		
	Skye Bollen		Kara Johnson		
Week 10 (4 th Jul)	Kirsty Gillings	Week 10 (5 th Jul)	Kate Mensforth		
	Jourdanne Burgess	,	Abbe Weckert		

New to Canteen Experience in Canteen Experienced and willing to help less experienced

If you are a volunteer, please request to join our Facebook page. Search **St Joseph's School Clare CanIf you need to swap your day, please call/use Facebook group to swap with a person with the same or mexperience than you from the current roster where possible.

Please notify Jen Chestnut (0457050108) of any changes ASAP so the roster can be kept up to date.



COMMUNITY NEWS



Are you caring for a partner, sibling, cousin, parent or grandparent?

Want to connect with others in a similar situation?

Need some support?

Carers and Disability Link are here to support carers and young carers in the Lower North community with activities, peer support and 1:1 sessions

Want to find out more?

Contact us...

Carer Support Workers - Emma and Annette available Monday to Friday 9am-5pm

carersupport@cadl.support

1/17 Lennon Street, Clare

1300 686 405



Got a bit of time this April? Time to give blood and change lives? 1 in 3 people in Clare will need blood, and they need people like you to give it. We're rolling into Clare from the 16 April to 19 April. Don't forget to pre-book your spot at donateblood.com.au,

Foster Care



Do you have spare time on week-ends? Or maybe free time in the school holidays?

Did you know that you could apply to become a Respite Carer?

> If you would like to know more about the difference Respite Carers can make to a child please contact us.

> > ucsa.org.au/foster-care



COMMUNITY NEWS





Sunday 7TH APRIL



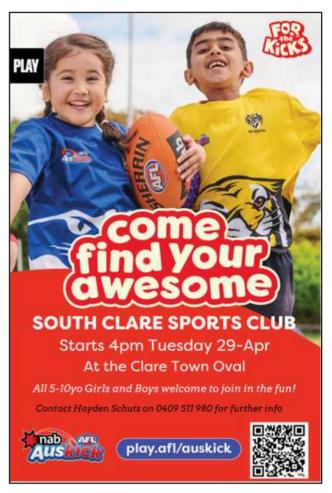
WHERE: Clare Town Oval TIME: 10am start HOW: Register on the day WHO: Reception - Yr 6

All participants receive a runners bib & finishers medal

PROUDLY SPONSORED BY INTERSPORT CLARE



FURTHER DETAILS: HTTPS://SARRC.ORG.AU/









HI EVERYONE.

HOPEFULLY YOU HAVE SEEN US AROUND BY NOW, BUT WE ARE THREE OCCUPATIONAL THERAPY STUDENTS IN OUR FINAL FEW WEEKS OF PLACEMENT IN CLARE VALLEY. FOR OUR PROJECT, WE HAVE CREATED GROW FREE CARTS. GROW FREE CARTS ARE BASICALLY A SHARING STATION WHERE PEOPLE ARE ENCOURAGED TO DONATE THEIR EXCESS FRUITS, VEGGIES, AND PLANT CLIPPINGS. WE WILL BE BUILDING ON THE GROW FREE MOVEMENT THAT IS ALREADY HELPING PEOPLE THROUGHOUT AUSTRALIA. THE GROW FREE MOTTO IS "GIVE WHAT YOU CAN, TAKE WHAT YOU NEED". IT WILL RELY ON COMMUNITY PARTICIPATION AND INVOLVEMENT TO ENSURE ITS SUSTAINABILITY.

IN THE LAST COUPLE OF WEEKS, WE HAVE BEEN SCOUTING LOCATIONS TO PLACE THESE CARTS. WHEN VISITING YOUR SCHOOL, IT WAS AWESOME TO SEE THAT YOU ALREADY HAVE A SIMILAR INITIATIVE PUT IN PLACE TO SUPPORT YOUR COMMUNITY. WE ARE GOING TO BE ADDING SOME OF THE GROW FREE RESOURCES ONTO THE CARTS THAT YOU ALREADY HAVE, AS WELL AS BRANDING THE CART AS "GROW FREE". YOUR GROW FREE CART IS SOLELY FOR THE COMMUNITY THAT ATTENDS YOUR SCHOOL. IF YOU KNOW SOMEONE WHO WOULD BENEFIT FROM ACCESSING A GROW FREE CART AND DOES NOT ATTEND THE SCHOOL, THE FOLLOWING LOCATIONS AVAILABLE FOR ANYONE TO ACCESS EXCESS VEGGIES. FRUITS. SEEDS AND PLANT CLIPPINGS:

- THE VALLEYS LIFESTYLE CENTRE
- THE CLARE VALLEY CHILDREN'S CENTRE
- THE TOWN HALL
- ·HORIZON CHRISTIAN SCHOOL

WE ENCOURAGE EVERYONE TO GIVE WHAT THEY CAN AND TAKE WHAT THEY NEED!

KIND REGARDS,
ELLA, EMILIE AND NIKITA
OCCUPATIONAL THERAPY STUDENTS.



