



ST JOSEPH'S SCHOOL

To live, to learn, love in all things

Proudly learning on Ngadjuri land

IMPORTANT DATES

JUNE

Mon 17th	Crows Visit R-9, 11am - 3.15pm
Wed 19th	Year 4 Confirmation/ Communion Retreat @ Sevenhill Yr 6 Japanese Quiz Day excursion
Frid 21st	Mid year Rec Transition 9-1pm - Morning tea for parents
Sat 22nd	Community Dinner
Mon 24th - Wed 26th	Sapsasa Girls & Boys Netball
Tues 25th	School Board
Wed 26th	Year 8 Retreat
Thurs 27th	Ag Block working bee
Sun 30th	Confirmation/ Communion Celebration 10am Sevenhill

JULY

Mon 1st	Coming of the Light- Torres Strait Islander celebration and National Reconciliation Week activity R-9, 1.45pm - 3.15.
Tues 2nd	Yr 7-9 Football Umpiring Clinic
Wed 3rd	Assembly 9am
Frid 5th	End of Term 2
Mon 22nd	Pupil Free Day

Student Absences

If your child will be absent from school, please either phone the front office (88424400) or advise via email -

adminstaff@stjoclar.catholic.edu.au

Our admin staff will alert the class teacher.

Tues 23rd First Day of Term 3

ST JOSEPH'S SCHOOL

29 Victoria Road, Clare SA 5453

EMAIL: peters@stjoclar.catholic.edu.au

WEBSITE: www.stjoclar.catholic.edu.au

From the Principal...

Dear Parents & Friends of St Joseph's School, Clare

To ensure we provide an environment where the wellbeing of our students is monitored, supported and nurtured, we have undertaken two significant initiatives over the last couple of weeks.

Last week all our students completed the online CESA "Wellbeing Pulse Survey" which provides the student with an opportunity to answer a number of questions resulting in a profile of your child and their classmates. This information is communicated to their class teacher, Delvene Mathie (Coordinator of Student Wellbeing), Helen Hay (APRIM) and myself. The information is then reviewed to see if we can identify any trends, areas to celebrate or needs that require attention.

BACK FLIPS AGAINST BULLYING

This week, our students were involved with the performance "Backflips against Bullying". The aim is to build resilience, empathy and understand the consequences of our actions. Students also develop an understanding of cyber-bullying, social harassment and both physical and verbal bullying. The goal is to build and empower students to influence others. This was a really proactive session which taught the students a lot of skills.



STAFF TRAINING

At last week's staff meeting, our staff participated in a professional learning session with one of our CESA system coaches, Kirsten Maycock, who delivered a session on Moderation (the allocating of a grade to our student's work samples). Kirsten has been working with our staff throughout 2024 ensuring that we are designing "assessment tasks" that provide students with the opportunity to gain an A-E grade (hopefully the right end).

At last week's session, staff went through a "moderation process" where they allocated the grade, spoke about the grade and compared this with other work samples whilst getting a colleague to do the same.

Kirsten provided great leadership and support in this process. CESA's system coaches are proving to be a great resource for our schools.

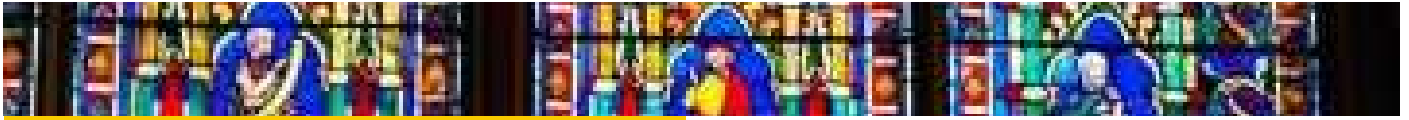
PUPIL FREE DAY

Last Friday, our staff gathered at Sevenhill College to take part in a pupil free day which focussed on the Josephite and Jesuit history and the impact both charisms have on St Joseph's School. It was a great opportunity to compare the Charisms and look at how we continue to be true to these values.



We also had time to go to Mintaro and look at many of the historical buildings and points of interest. After seeing the richness and diversity of what the Mintaro District has to offer I am sure we will see a lot more excursions taking place to supplement our curriculum.





FROM THE PRINCIPAL

REMINDER: PUPIL FREE DAY

On Monday July 22, our school staff will be joining with 11 other Catholic Schools to listen to International Speakers Lee Crocket and Louka Perry on topics such as student agency, self regulation, planning to ensure this is sustainable by preparing for milestones, destinations and footsteps.

The theme underpinning this conference is to further empower students' ownership in their education. This will take place at the Adelaide Conference Centre therefore our third Term will commence on Tuesday July 23.

SAM CLAYSON

Further to Sam Clayson's recent Statewide award, he has since been chosen as 1 of 8 coaches nationally to attend a Tennis Australia coaching tour of the US. This means Sam will be travelling to New York & North Carolina for 3 weeks.

Sam will work at the US Open with some coaches and players as well as going to some country clubs in "The Hamptons". As part of his tour he will also visit some universities and take part in several professional development opportunities. Congratulations Sam, we are extremely proud of you.



Sam with two of the many St Joseph's students he coaches, Max & Will

BUS MEETING

I continue to meet with local schools to ensure the safety and wellbeing of all students travelling on the school buses is as good as it can be. The policy/procedures we are working on will involve all stake holders -

- Bus drivers' role
- Parents' role
- Students' role
- Schools' role



We are hoping to have this policy/procedure finished shortly and ready for dissemination and then put into action.

ACADEMIC COMPETITIONS

Historically, our students have had a long and proud history of taking part in Academic Competitions in subject areas such as Maths, English, Writing, Spelling, Science and Digital Technologies.


The competitions are conducted internationally, and provide an opportunity for students to extend themselves academically, engage in higher order thinking and develop their problem-solving skills. Information & Registration forms are available on our website or via the QR code in the advertisement in this newsletter.

If you would like to further prepare your child for these competitions, I would be more than happy to organise past papers to be sent home for practise. Please register your interest in this by emailing me at: peters@stjoclar.catholic.edu.au

ACADEMIC COMPETITIONS

2024

We strongly encourage students in Years 3 - 9 to take part in the ICAS & AMT academic competitions. They provide an opportunity for students to extend themselves academically, engaging higher order thinking and problem solving skills.




AMT

AUSTRALIAN MATHS TRUST

Introducing:


ICAS ASSESSMENTS™



DIGITAL TECHNOLOGIES

- SCIENCE
- SPELLING BEE
- ENGLISH
- WRITING
- MATHS

These competitions are based on curricula for the relevant year. Students are asked to demonstrate a deeper, integrated, and thorough level of learning. The assessments are done mainly online. Information & Registration forms are available on our website or via the QR code: www.stjoclar.catholic.edu.au/news-events/newsletters/Term 2 2024



FOR STUDENTS IN YRS 3 - 9

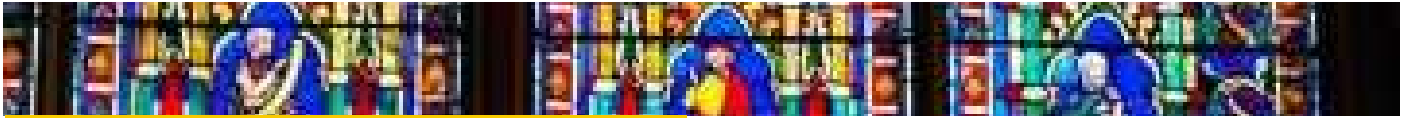
PATCH THEATRE

Last week, our Reception to Year 2 students had a visit from Patch Theatre who brought their amazing interactive performance to our school.

Blending the magic of light and simplicity of storytelling, students were placed at the centre of this engaging interactive experience. Using UV light, in a custom-built tent, the classroom was transformed into an intimate performance space, where stories and imagined worlds came alive as glowing drawings appeared on the walls and floor. Following the performance, students were invited to create and illustrate their own stories in glowing UV light. It was an amazing experience that the students really enjoyed.



Zara enjoying the Patch Theatre



FROM THE PRINCIPAL

BACKFLIPS AGAINST BULLYING

On Tuesday 11 June the school was visited by the team from "Backflips Against Bullying". Backflips Against Bullying is a program for both Primary and High Schools, that features high-energy 1 Hour performances by a team of incredible acrobats. Having the power to stand up for one another is a core theme displayed in the program. "By addressing bullying on a social level, we'll give students the necessary tools and empower them to hold each other accountable". They have multiple programs for every year group, in addition to classroom resources to consolidate the learning after the performance day. When students are engaged, they learn. So they engage them with Backflips, and teach them about Bullying. All students really enjoyed the performance and found it entertaining, relevant and engaging.



TAIKO WORKSHOP

Last week, our Year 4,5 and 6 students had the opportunity to participate in Japanese Drumming Taiko workshops.

Taiko drumming uses wooden, barrel-shaped instruments which are played with powerful, rhythmic and dynamic energy. It is a fusion of martial arts style choreography and drumming which has been a vital part of Japanese culture for many thousands of years.

As each year level participated in their own workshop, they were given the opportunity to be challenged as they learnt new drumming techniques and experienced the wonderful sound and energy of many drums being played together.



SAPSASA FOOTBALL

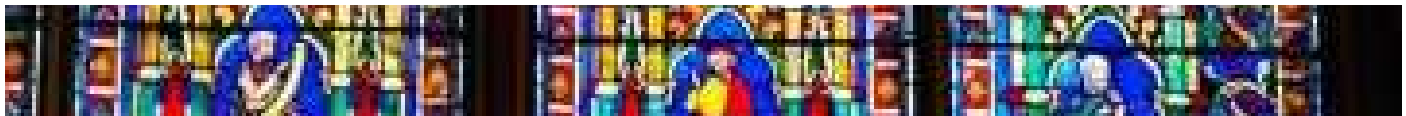
Congratulations to the students involved in the recent Sapsasa Mid North State Football Carnival, they had a very successful week winning the competition in their division, a fantastic effort. A big thankyou to Chris Slattery for coaching and to parents who assisted in anyway.

Below are the St Joseph's students who were in the team.



Jobe, Nick, Henry, Sam, Mally, Tom B, Tom S, Cody, James, Lincoln, Syd with Chris Slattery (Coach)





FROM THE PRINCIPAL

STUDENT SUCCESS

Maya

On the long weekend Maya competed in the Pony Club Northern Zones Elimination Finals in Marrabel, she had a very successful and busy weekend competing on three different horses. Well done, Maya.

Over the long weekend I competed on 3 different horses at the Pony Club Northern Zones Elimination Finals in Marabel.

I competed in dressage, show jumping and games on my regular pony Lala, show jumping on Mitch and dressage on Wilbur. My results below:

Show Jumping - 2 x 2nd places on Lala, 1st & 3rd on Mitch

Dressage- 3rd on Wilbur, 2nd & 4th on Lala

Team games - 1st on Lala **Pole bending** - 1st Lala

Barrel Racing - 1st Lala

I had a really good time and can't wait for my next competition.



Maya with her many ribbons!!!



Association Netball

On the June long weekend Netball SA held its annual Country Championships. The Country Championships serve as the perfect opportunity to showcase regional South Australia's gifted athletes and put them to the test against some of the best talent from across the state. Seventy percent of Netball SA's state teams are made up of country netballers, so it is essential that we continue to foster this talent. Well done to the following St Joseph's students who competed -

11 & Under - Clara, Matilda.

Res: Ruby K, Sophia, Violet.

13 & Under - Sophie M, Millie.

Res: Tess, Alice & Maddison H.

15 & Under - Sophie W Res: Madison W.



Sophie, Matilda & Clara in action

Association Football

Congratulations to Hudson, Tyson, Dane & Codie who were recently selected in the North Eastern Football League Association U15 side. A special congratulation to Tyson as he was selected as the best U15 across the carnival.

Old Scholar Success

Also selected in the U17 North Eastern team was Old Scholar Tain Mathie, who was also awarded best. Congratulations, Tain.



Tyson receiving his award



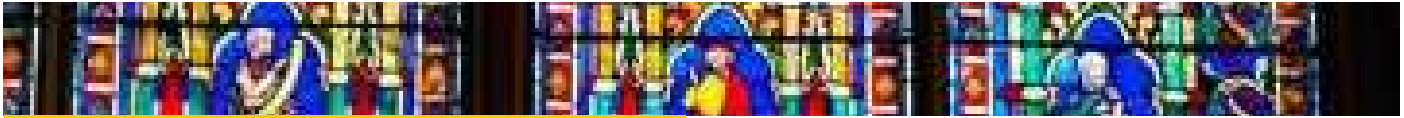
Tain with his award

CROSS COUNTRY

On Thursday June 6, 12 St Joseph's students travelled to Oakbank to participate in the Cross Country State Championships. Well done to - Henry, Ari, Elroy, Clara, Violet, Amali, Koa and Kate who represented the Mid North Sapsasa team and Lucas, Dale, Will & Bryce who represented St Joseph's and all did very well.



Koa, Amali & Kate



FROM THE PRINCIPAL



Elroy, Ari & Henry



Clara

WINTER WARMER FUNDRAISER

LEAD hosted a 'Winter Warmer' casual clothes day on Thursday June 6. On the day, students had the option to pre-purchase a hot chocolate to help warm them up at recess. We had 190 hot chocolate orders to fill on the day! Students also donated a gold coin on the day in support of those facing homelessness. As a result, we raised \$991. Thank you to everyone for getting dressed up, purchasing hot chocolate and donating to a great cause.



Xavier & Ella



Chloe & Alyia



Angus & Sid



Oliver, Aoife, Chizara & Elle



Alice & Marlee



Ky, Sachi, Olivia.



St Joseph's Community Portal

By now, you should have received your emailed invitation to register for the Community Portal.

Key features of the Community Portal include:

- Instant access to **school news** and announcements.
- View **your child's** demographic and medical **information**.
- View **financial statements** conveniently online. You can also pay your account online via the portal too.
- Enjoy **mobile accessibility** with the Apple IOS Civica App for easy access on the go. The App will work on both Apple & Android mobile phones, and on Apple tablets (NOT Android tablets).



FROM THE PRINCIPAL



Buddy, James, Olive, Maddie (LEAD).



Abby, Ebony, Sarah, Lucy.



James



Jake



Reception Students enjoying their hot chocolates



Ella, Morgan, Charlotte P, Ted M.



Lilia, Ella, Grace.

FAMILY FUN

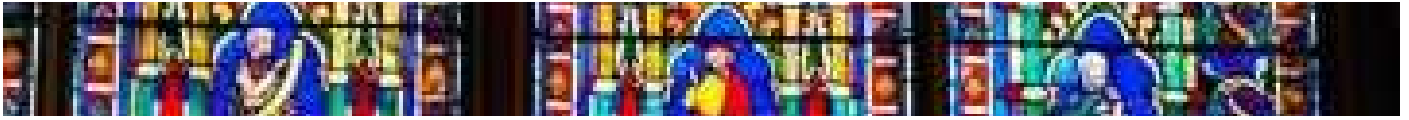
On Friday June 3 Annabelle & Alexandra Barry were lucky enough to travel to Adelaide to watch the Matildas play China PR at Adelaide Oval. Whilst the result was a draw, the sell out crowd and the chance to see the team in action was a fantastic experience.

Annabelle: "I loved being there, it was so exciting. My favourite part was watching them play."

Alexandra: "I liked seeing everyone dressed in green and gold to support the Matilda's."



God Bless,
Peter Shearer



ORGANISATION (O) GETTING ALONG (GA) PROGRAM ACHIEVE (PA) EMOTIONAL RESILIENCE (R) CONFIDENCE (C) PERSISTENCE (P)

ASSEMBLY

On Friday May 31, we held our First Assembly for Term 2 2024. Program Achieve awards were given out for each Roll Class and also Honour Awards to students across the school. Congratulations to the following students who were awarded certificates for demonstrating the values inherent in these keys.



REC LT

Angus (PA), Alice (C), Adriana (C).



REC MP

Oliver (GA), Lola (P), Absent: Izayah (P), Chizara (C).



01 DL

Ethan (C), Walter (PA), Syd (C), Luke (P), Maggie (GA), Amelia (GA).



01 SS

Ryan (P), Arlo (GA), Harry (PA), Will M (P), Rayansh (ER).



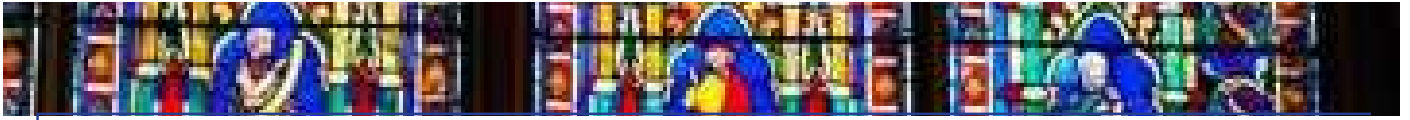
02 SL

Kenny (GA), Ted M (PA), Morgan (C), Alice (P), Marlee (PA), Kylah (P).



2/3 LM

Leah (O), Taj (C), Mason (GA), Lacey (PA).



ORGANISATION (O) GETTING ALONG (GA) PROGRAM ACHIEVE (PA) EMOTIONAL RESILIENCE (R) CONFIDENCE (C) PERSISTENCE (P)



03 LN

Evie (PA), Isabella (GA), Kade (C), Sam (O).



04 LS

Stella H (ER), Stella P (C), Casey (ER), Kingsley (GA).



04 LL

Jake (GA), Elroy (C), Willa (ER).



05 JW

Ruby (PA), Avie (ER), Maya (P), Tanner (P), Lewis (P).



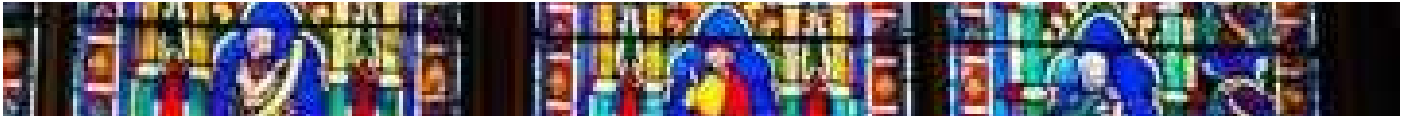
06 ER

Amali (GA), Sophie (P), Harry (C), Sam (P).



06 DH

Tom (C), Rubi (PA), Nick (GA), Mitchell (C).



ORGANISATION (O) GETTING ALONG (GA) PROGRAM ACHIEVE (PA) EMOTIONAL RESILIENCE (R) CONFIDENCE (C) PERSISTENCE (P)



07 BA

Summer (P), Millie (O), Harry (C), Charlie (C).



07 KM

Ruby (GA), Georgia (GA).



08 LC

Bridget (P), Ella (P), Sophie (P), Alliahna (ER).



09 MC

Sophie (P), Nick (PA), Hamish (O), Matt (GA).



HONOUR AWARD RECIPIENTS

Back: Chloe, Will, Leonard, Koa.

Front: Logan, Mila, Nadia, Ella.

HONOUR STUDENTS

Honour awards are presented to students who are outstanding in all areas. These students are selected by class teachers in Junior, Middle, Upper Primary and Middle School. The recipients wear the Honour Badge with pride for 5 weeks and are then presented with a certificate.



HONOUR AWARD RECIPIENTS

Austin & Ebony.



MIDDLE SCHOOL

COMMUNITY DINNER

With only one week to go before the community dinner, the whole Middle School is preparing for the big event. The Year 7s have been continuing their organizing and rehearsals. The Year 8/9 hospitality students have had their first practice run at making some of the desert slices. I can confirm they are delicious. I know the Year 7s are excited about the event.

PEDAL PRIX

This weekend also sees our Year 7 students making their debut on the Pedal Prix track. The three-month preparations for the event have them looking really well prepared for race day. This year, the Year 8 and 9 Energy Technology class have given the bikes a mechanical overhaul, updating old and worn items as well as servicing the running gear. Three of the bikes have been completely restored to their original state with some major fibre glass repairs and fresh new paint jobs completed by Year 3 parent, Adam Rowley. The Year 8 and 9 students again played a key role in stripping these bikes down, undertaking any repairs and then putting them back together.

Our Year 8 and 9 students will again be out on track this weekend building upon their awesome start to the season. We wish all of the students the best of luck.



AG SCIENCE

The Ag students have been out and about this week preparing for the SA pruning championships. They took part in a master class session earlier this week and will be competing in next week's event. I cant wait to hear how they go. A report and photos from Meredith Crawford are included in the newsletter.

STEM MAD

Our Year 8 STEM MAD competition entries are well and truly underway. This year, we have integrated the learning between Maths, Science and Geography to create a unit of work that our students can really delve deeply into. These entries comprise of data gathering, innovative ideas, scientific experiment and facts, all presented using our VR technology. Some of the ideas the students have created are very exciting and we can't wait to show them off.

POD CASTS

You may have noted that there had been a distinct lack of Pod Casts this year. This has been for good reason, we have three new students who have stepped into the role as Communication Ministers. They have been receiving many hours of coaching



from Anabelle Ottens and are now ready to present their first official podcast. It is a truly great listen and worth sharing with your children. Topics covered in this episode are Year 4 camp, Run Club, and Sporting Achievements.

*God Bless,
Tom Gilligan*



PRUNING

The Year 8 & 9 Ag class attended the grape pruning masterclass organised by Rachel Trengove from the Clare Valley Wine and Grape Association at the Clare High School vineyard. It was a great opportunity to support the association in their initiative to engage with schools and to collaborate with the Clare High School Year 10 Ag students and their Ag teacher, Sarah Hazel. The aim was to gain some skills and knowledge of pruning in the lead up to the schools team pruning competition to be held at the SA Pruning Championships. The availability of industry and local growers to support the master class by sharing their skills and experience were greatly appreciated by our students. We look forward to attending the event to see the expertise of industry grape pruners and the technologies available to the industry. If you would like to support our students they will be competing in the inaugural schools team spur pruning, scheduled between 11:15 - 12:15pm on Friday June 21, hosted by Kilikanoon at Morrison's Vineyard,





MIDDLE SCHOOL



Mr Ackland, Sophie, Isla, Sophie, Macy, Maddie, Taylee, Ella & Millie.



BASKETBALL

On Thursday May 30, we attempted to play Basketball in Balaklava for the Lower North Carnival, however, as the conditions worsened, they decided to postpone it until Monday June 2.

The 7/8 girls team consisted of Macy, Sophie W, Sophie M, Isla, Ella, Maddie, Millie and Taylee. The 7/8 boys team consisted of Hugo, Eddie, Riley, Lachie, Lucas, Will and Mitch. The girls won 2 out of 3 games finishing second and advancing onto the next competition held in Adelaide in Week 9. The boys won 1 of their 3 games. Thank you to the Year 9 boys Hudson, Matthew and Jedd and Mr Ackland for coaching or umpiring us all on both days. We are very grateful for all the umpires, coaches, parents and scorers who helped on the day. And a big thankyou to Miss Carling for organising.

Isla, Taylee, Riley & Mitchell



Jedd, Lucas, Hugo, Will M, Riley, Eddie, Mitchell, Lachie & Matthew



For Sale

Isa Brown Pullets
(9 wks old)

\$25 each

Minimum purchase of 2 chickens per order



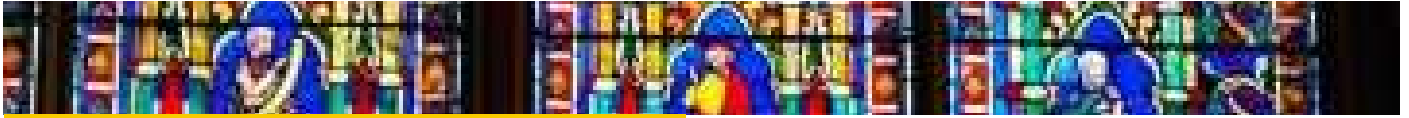
Avail to collect in Week 10 of this term

Only 33 pullets available

Raised by Middle School Ag Classes on Lot 21

Order and pay via QKR! - Sold on first in, first served basis. If orders are oversubscribed, they will be placed on a wait list for Term 3. Note: Buyers to supply own box or cage when collecting chickens.



FROM THE APRIM

SACRAMENTS OF CONFIRMATION AND COMMUNION

Upcoming Dates

Sunday June 16 9:00am: Candidates presented to the Parish Community Family Mass, St Michael's Church, 9:30am. All families invited to stay for morning tea following Mass.

Wednesday June 19 : Communion and Confirmation Retreat at Sevenhill, during the school day. All candidates invited.

Sunday June 30 10:00am: Celebration of Confirmation and Communion, St Aloysius Church Sevenhill.

First Reconciliation

Congratulations to Stella who received the Sacrament of Reconciliation for the first time on Wednesday June 12.



CLASS LITURGIES

Thank you to Miss Schmaal and the Year 1s who celebrated their class liturgy on Wednesday. Thank you also to all their family and friends who shared in their Liturgy and joined them back in the classroom to share work. The Year 2/3 celebrated their Liturgy last week, celebrating the great love that Jesus shows to us, on a theme of the Most Sacred Heart of Jesus. Thank you, Miss McKenzie and Yr 2/3s.



STAFF REFLECTION DAY - OUR DUAL CHRISM AND FOUNDERS

On Friday, staff gathered at Sevenhill, a place of great significance to the 2 Religious groups that we have so much to be grateful for, the Sisters of St Joseph and the Jesuits.

Austrian Jesuit Fr Aloysius Kranewitter arrived in Adelaide on December 8 1848 with a group of Prussian Silesian immigrants who were fleeing religious persecution. Ordained only six weeks



before his departure, Fr Kranewitter was instructed to travel to Clare Valley where he helped establish a German Catholic settlement.

In 1869, two of The Sisters of St Joseph of the Sacred Heart arrived in Clare in June. They lived in rooms in the back of the original Church (our current Year 3 classroom). A convent was later built on the current site of our Library and was demolished to make way for renovations. The Church housed the initial school.

Josephite schools once stood in places such as Mintaro, Armagh, Farrell Flat, Tarlee, Auburn, Polish Hill River and Sevenhill, spreading across our state and around the country and even to New Zealand.

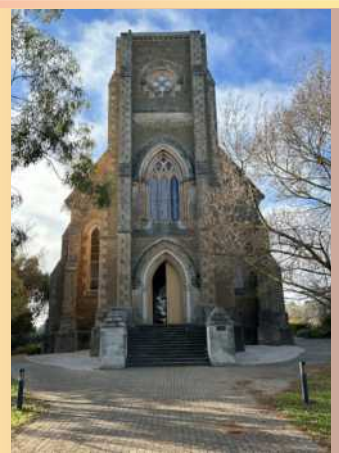
In recent years, we have celebrated significant anniversaries for both of these religious groups, with the 150th anniversary of St Joseph's School at Clare- in 2019 and the Jesuit communities at Norwood and Sevenhill celebrating the 175th anniversary of the first Jesuit presence in Australia in December, 2023.

Thanks also to John Mitchell and John Hawke, who took staff on a guided tour of Mintaro and provided great insight and knowledge around why our towns were established where they are and some of our early and current industries.

We have a lot to be grateful for!



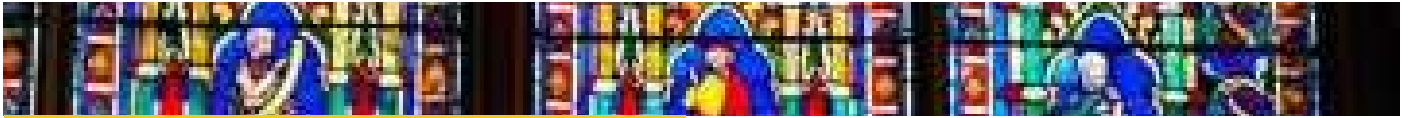
Mary MacKillop



Sevenhill Church



Fr Gill giving a history of Sevenhill Retreat



FROM THE APRIM



History of the Sisters of Saint Joseph of the Sacred Heart

God Bless

Helen Hay- Assistant Principal Religious Identity and Mission

FROM THE LIBRARY

READING HABITS OF YOUNG AUSTRALIANS

Australia Reads is a not-for-profit collaboration that promotes the positive impacts of books and reading on our society. They recently commissioned a research review into the reading habits of young Australians. Have a read of some of the research and survey findings below regarding young and teen readers:



YOUNG READERS

- Three-year-olds who can name a favourite book are better readers at age seven.
- Children who were exposed to more storybooks showed a greater inclination to read for pleasure and in turn, had more advanced literacy skills as adolescents.
- Children who experience reading with a caregiver are more likely to read independently once their reading skills develop.
- 89% of children (age 6-17) agree their favourite books are the ones that they have picked out themselves.
- 86% of children (age 6-17) said they loved being read books aloud at home or liked it a lot – the main reason being because it is a special time with parents.
- One in five parents of children aged 6–17 (20%) stopped reading aloud to their child before age 9, most often citing reasons related to their child being able to read independently.
- Of those children aged 6–8 whose parents no longer read books aloud at home, half (51%) did not want their parents to stop.
- Children who are given time for independent reading at school are more likely to enjoy reading books for fun.

TEEN READERS

- Reading is four times more influential on intellectual progress in teens than having a parent with a degree.
- The top barriers to teens reading were the difficulty of choosing a good book (61%), followed by lack of free time (56%).
- More than 2 in 5 (44.1%) girls who don't enjoy reading said they cannot find things to read that interest them.
- Exposure to larger home libraries in adolescence has a positive direct effect on adult literacy, numeracy, and information and communications technology skills.
- 68% of young people said that BookTok had inspired them to read a book that they would have never considered otherwise.

As you can see, following your child's reading journey from learning to read right through to adulthood is vital in giving them lifelong literacy skills. Reading with and to your children, even when can do it independently is important, as is helping children to choose reading material. Our libraries are full of new releases, and it's wonderful to listen to our students recommending recent reads to each other when they are browsing the shelves. Why not ask your child what their favourite book has been this term?

If you would like to read more about this research, check out the Australia Reads website at <https://australiareads.org.au/>

Michelle Edmondson

Literacy and Inclusive Education Coordinator

UNIFORM NEWS

Term 2 Week 7

Uniform News

Winter items available:

Keep warm with a **school beanie** and/or **warm, waterproof, lightweight jacket**. Trackpants are also stocked up, fleecy in smaller sizes and microfibre in larger sizes – order all on Qkr!.

We have added a new section in Qkr! called 'Uniform Clearance Items'. This is for items such as old stock, discontinued items etc, check it out for a bargain!

Also, in the main Uniforms section of Qkr! We have added a 'Second-Hand' payment option for those times when you don't have cash with you.

A few things to remember from the uniform policy:

- girls to wear navy socks or tights with the school dress in Terms 2 & 3.
- hair must be neat & tidy, tied up off the face and shoulders for presentation, hygiene and distraction purposes.
- hair accessories must be white, navy, yellow or school dress check
- hair elastics on Qkr!.
- leggings are not part of our school uniform.
- plain, white sport socks for PE uniform – NO LOGOS PLEASE! We have great crew length sport socks available to purchase, (similar to popular 'Globe' socks)
- only \$6 a pair with 'fresh feet' hygienic sole.
- White laces in predominantly white sneakers please.

Vicky Smith and Uniform Committee



the facts:
navigating life



headspace

National Youth Mental Health Foundation

understanding bullying

Bullying is not just playing around or harmless fun. Bullying happens when someone has (or thinks they have) more power than someone else.

This could be:

- power in numbers
- being older or stronger
- being popular
- being in the majority.

Bullying can increase the risk of developing mental health problems for everyone involved, particularly those experiencing the bullying. It can take place anywhere like at home, work, school, TAFE/uni, online or over the phone.



Bullying is not OK, it's not simply 'a normal part of growing up', it's never the person being bullied's fault, and help is always available.



Different forms of bullying

- **Verbal** (e.g., putting someone down or threatening to cause harm).
- **Physical** (e.g., contact that hurts someone or breaks their things).
- **Social** (e.g., spreading rumours, excluding someone, embarrassing someone in public).
- **Cyberbullying** (e.g., sending harmful messages, pictures or making comments on social networking sites. This type of bullying can be anonymous and posted online where it can be seen by lots of people. And it can go on 24 hours a day, 7 days a week, so people don't get a rest from it).

Bullying can also be done secretly, like doing or saying something behind someone's back. This type of bullying can be harder to see, but it's no less damaging.

Why might bullying happen?

There are many reasons why someone might use bullying behaviour. People who bully may have experienced bullying, trauma or violence themselves. It's still important to remember though, this doesn't make it OK.

People might use bullying because they feel peer pressure, and are trying to feel more secure, more powerful, 'look cool' in front of others, or feel better about themselves. This may be their way of coping if they haven't learnt healthier ways to cope or aren't getting the support they need. Bullying behaviour can also happen because of jealousy, lack of knowledge, fear or misunderstanding.

Bullying is very complex. A person might use bullying behaviour, be a bystander, and/or experience bullying. It can depend on who is around and what the situation is. Each of these roles can have a negative impact on mental health and can make experiencing mental health problems more likely.

What are the effects of bullying?

Anyone who has experienced bullying knows how upsetting it is. People who experience bullying might feel:

- alone
- unsafe
- afraid
- stressed
- humiliated
- angry
- ashamed
- rejected.

Sometimes a person might feel that there is no escape and may do things to 'fit in', like changing their appearance or acting differently. They may believe some of the awful things said about them, which can impact their sense of self. Sometimes they might want to hurt others, or themselves, because of it.

Being bullied can affect a person's performance at school, uni, TAFE or

work, and can continue to affect them through their life adulthood.

Experiencing bullying can also increase the risk that someone will develop depression and anxiety in the future, and it can increase the risk of self-harm, suicidal thinking and suicide.

Bullying can be traumatic, especially when carried out or ignored by others, as having supportive relationships are really important in everyone's life.

Young people report one of the worst parts of bullying is feeling like they're going through it alone, which is why it's so important to support anyone going through a tough time/help them access support or reach out if you're having a hard time yourself.



ATSI NEWS

Now More Than Ever

National Reconciliation Week 2024

During this year's celebrations our Primary students continue the wonderful tradition of interacting with their buddy class to share knowledge.

The importance of our older students being the 'teachers' for their younger buddies continues to build upon the opportunities for deeper learning of Indigenous perspectives and culture.

We know that these learning moments continue to embed a richer understanding and appreciation of Indigenous languages, art and story.

The Year 6 students and their Reception buddies have their artwork on display in the Middle School hall. The Year 6s outlined an important Indigenous Australian in black Texta, then worked with their buddies to paint them. Some were beautifully abstract and some were incredibly detailed. Behind the poster we came up with a paragraph explaining their importance to Australian culture.

Our school continues to build upon being a culturally sensitive and safe space for all. Later in the term we will celebrate National Reconciliation Week at a whole school event.

This exciting event will be led by our Year 9 Indigenous Languages class. It will involve further 'teaching' of culture, celebrating the Warumpi Band with Mrs Bell and creating a whole school 'human' mural, which will be photographed via a drone.

This evening, have a chat about how your child celebrated National Reconciliation Week with their buddy.

Warm regards.

Tim Packer-Aboriginal and Torres Strait Islander Focus Teacher.



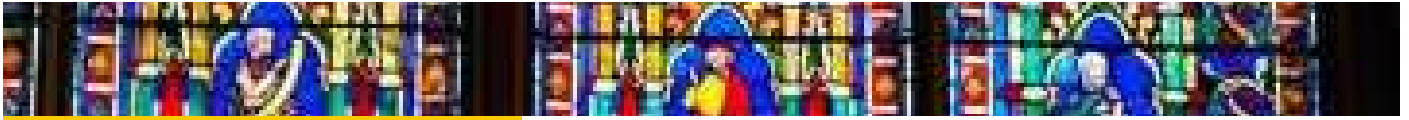
Ruby & Elle



Angus & Holdyn



Syd & Chinyere



CANTEEN NEWS



Canteen Roster Semester 1: 2024

ALL VOLUNTEERS: Must **sign in** and out at the **front office**

Term 2

DATE	THURSDAY 9:00am – approx. 11:00am	DATE	FRIDAY 9:00am – approx. 1:30pm
Week 7 (13 th Jun)	Stacey Butler Donna Stewart	Week 7 (14 th Jun)	Sophie Millington Sophie Wray Laura Davidson
Week 8 (20 th Jun)	Kirsty Tilley Jaspreet Soodan	Week 8 (21 st Jun)	Melanie Considine Nadja Uden Moller Nikki Pruess
Week 9 (27 th Jun)	Shelley Tregilgas Annabelle Ottens	Week 9 (28 th Jun)	Stephanie Bennet Belinda McDonnell Natalie Sommerville
Week 10 (4 th Jul)	Jourdanne Burgess Skye Bollen	Week 10 (5 th Jul)	Kate Mensforth Abbe Weckert Mark Mensforth

New to Canteen Experience in Canteen Experienced and willing to help less experienced

****If you are a volunteer, please request to join our Facebook page. Search St Joseph's School Clare Canteen**

If you need to swap your day, please call/use Facebook group to swap with a person with the same or more experience than you from the current roster where possible.

Please notify Jen Chestnut (0457050108) of any changes ASAP so the roster can be kept up to date.

Thank you for volunteering your time 😊




St Joseph's School P&F

Winter Bakery Drive

A wonderful assortment of goodies, freshly baked by The Little Red Grape. Fill the freezer ready for the July school holidays!
Order form available on our website - or access via the QR code.

Please return forms and payment by Friday 21 June.

ITEMS AVAILABLE TO COLLECT FROM
ST MICHAEL'S HALL ON WED 3 JULY



ST JO'S PATCH

The cauliflower and broccoli are doing really well, no heads yet but I am sure they will be emerging soon.

Myles watered everything with "worm wee", fancy still watering in June!!

Eliza and Lily planted silver beet and violas and Lily spread some pine needles on the strawberries as they love an acidic soil.

Ana-Marie chopped down the green lentil crop which we will turn into the soil to improve it and add mulch.

There were some great workers at St Joe's patch this week, their reward was picking some radishes and taking them to share with their Year 4 Class.

Jen Vine



Broccoli and Cauliflower doing well



Ana-Marie trimming the lentil crop



Lily spreading pine needles



Eliza & Lily planting silverbeet

Joke of the week

Q. What do you call a cauliflower growing at the edge of a garden?

Q. A border cauli!



Cauliflower soup with parmesan crumbs

INGREDIENTS

- 1 head cauliflower, leaves discarded, stem trimmed
- 2 tbsp olive oil, divided
- 1 onion, sliced
- 1 cup (80g) finely grated parmesan
- 1 tbsp fresh flat-leaf parsley, finely chopped
- 1 lemon, zest finely grated

METHOD

Step 1

From the cauliflower head, cut 1 cup of small florets and reserve. Coarsely chop the remaining cauliflower, including stem and core.

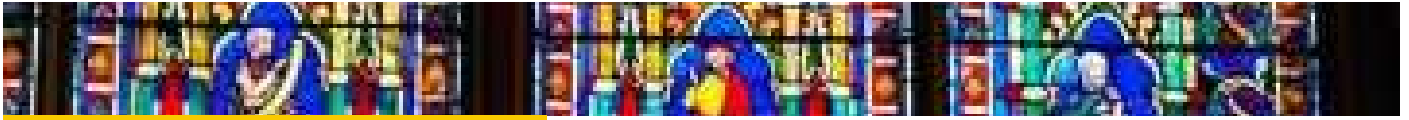
Step 2

Heat 1 tablespoon of oil in a large heavy saucepan over medium heat. Add the chopped cauliflower, onion and 2 teaspoon salt. Cover. Cook, stirring occasionally, for 15 mins or until onion softens. Add 5 cups (1.25L) of water and cook, covered, for 15 mins or until cauliflower is completely tender. Cool, then transfer to a blender and carefully blend until completely smooth. Season with salt. Reheat. Keep warm until ready to serve.

Step 3

Meanwhile, preheat oven to 200C (180C fan-forced). Line a baking tray with baking paper. Arrange 8 equal mounds of parmesan, about 4cm apart, on prepared tray. Use the back of a spoon to flatten mounds to even thickness, about 8cm in diameter. Bake for 6 mins or until parmesan melts and is pale golden. Cool on tray until crisp. Sprinkle with pepper. Transfer to a bowl and break into breadcrumb-sized pieces.





COMMUNITY NEWS



FREE Parent Workshop

Understanding reading difficulties - Why some children struggle and how to help

- Develop an understanding of reading difficulties, including dyslexia
- Develop a practical understanding of the associated characteristics and difficulties
- Explore ways to support your child

This 2 hour workshop is a great first step to gaining a better understanding of reading difficulties and practical strategies that can help your child.

Friday 28 of June 2024, 10:00am-12:00pm



Clare Primary School



BOOK ONLINE at: www.speldsa.org.au

Thank you to the Department for Education for supporting this initiative.

CVCO BOOKSHOP

266 MAIN NORTH ROAD, CLARE



Looking for a gift for the upcoming sacraments of First Communion and Confirmation? Pop into the CVCO Bookshop, we have an extensive range of gifts, cards and books perfect for any occasion. Follow our facebook page or call us on 88421411.

