

# **ST JOSEPH'S SCHOOL** *To live, to learn, love in all things*

Proudly learning on Ngadjuri land

### **IMPORTANT DATES**

### AUGUST

Mon 12th - Thurs 22nd	Year 9 Camp	
Tues 13th	R-6 Dance	
Wed 14th - Frid 16th	Sapsasa State Carnival - Soccer	
Thurs 15th- Frid 16th	Year 3 Camp	
Mon 19th - Frid 23rd	Book Week	
Mon 19th	Book Week Celebration Yr 5/6 Golf	
Tues 20th	R-6 Dance	
Thurs 22nd	Bikes & Brekky	
Frid 23rd	Assembly	
Mon 26th	CSMF Combined Choir Rehearsal - Adelaide	
Tues 27th	Poetry in Action Yr 7-9 2pm	
Wed 28th	Parent Teacher Conversations	
Frid 30th	Sapsasa Athletics Yr 4-6	
AUGUST		
Frid 13th	FETE	
Frid 27th	Sports Day	
SEPT		
Wed 4th	Pupil Free Day	

### Student Absences

If your child will be absent from school, please either phone the front office (88424400) or advise via email adminstaff@stjoclar.catholic. edu.au Our admin staff will alert the class teacher.

### ST JOSEPH'S SCHOOL

29 Victoria Road, Clare SA 5453 EMAIL: peters@stjoclar.catholic.edu.au WEBSITE: www.stjoclar.catholic.edu.au

### From the Principal...

### Dear Parents & Friends of St Joseph's School, Clare MUM'S DAY with

The feedback, emails & thankyou's that were exchanged after Friday's Mum's Day were fantastic. This was very well received by staff who had spent a considerable amount of time preparing activities to engage their students and mums. Sincere thanks to the mums who spent some time with students who did not have their parents with them during some sessions - much appreciated.

Thanks to Brendan and the Year 9s who provided the hearty soup selections and thanks to the dads who served it up to our visitors. Thanks also, to Delvene & Michelle who provided the wrap up of the day.

We have some amazing photos of the day which clearly indicate it was a positive experience, you will find a few later in this newsletter. I hope you enjoyed yourselves, we know the students were extremely excited to have you on site. Please remember you are welcome at anytime. There are a myriad of ways we use your support either in class, in another classroom other than your child, or in the library.



Please visit our website (www.stjoclar. catholic.edu.au) under the Community tab to see how you can volunteer your skills and time at the school. If you would like to discuss any of these options please do not hesitate in contacting Michelle Edmondson, myself or your child's class teacher.

### TREE PLANTING

In Week 1 of this term, students from Years 3 & 9 travelled out to the Castine farm between Leasingham and Mintaro to take part in National Tree Planting Day. Opportunities like this are excellent for engaging students in real life activities, but we wanted to make this endeavour sustainable and ongoing. Meredith Crawford & I met with Sarah Castine, and through her made connections

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### AUGUST 9 2024 WEEK 3, TERM 3

with Trees for Life and Arborgreen to develop a two-year cycle where our Year 2 & 8 students link propagation to their curriculum and learning. The following year, those same students (now in Years 3 & 9), plant the trees they have propagated, again linking and continuing their learning.

The day involved lead up talks at school, and then by old scholar, Lachie Sandow, at the planting site. The Year 3 & 9 students then worked as "buddies" to plant trees; their goal was to get 500 saplings in the ground on the day. However, with the assistance of several parents, Trees for Life and Arborgreen staff, we were able to plant 950 trees.

We are looking forward to building on the success of this event and embedding it into our curriculum. Sincere thanks to Sarah Castine and Meredith Crawford for their foresight and planning. A great day out.



St Joseph's students tree planting



1) Reminder: school fee accounts are now accessed via our **Community Portal**. Information was emailed to all families on 4/6/24. If you have not yet registered for the portal, please let Sarah Werfel in our office know: accounts@stjoclar.catholic.edu.au

2) Adelaide Archdiocese has recently changed banks - this results in changes for our school banking too. If you normally do a direct deposit payment for fees, please check your next school fee statement for the **new bank details** for our school. No changes to BPAY, QKR or Community Portal payments.



### **FROM THE PRINCIPAL**

### **RIP WALTER DUNCAN**

Sarah Last week. Werfel represented St Joseph's School at Walter Duncan's funeral. Not only did Walter have family connections with our school, but he was also a great supporter of our P&F. For many years, Walter invited the P&F to cater in his garden as part of his Open Days and RFDS fundraisers. He was always encouraging of our school and was extremely generous in his actions. Vale, Walter.



### **SCHOOL BUSES**

Over the past twelve months, Clare High School (which coordinates the local Department school bus service), has been working with all local schools, kindies and OSHC to develop policies and procedures to make access and use of the buses more effective, efficient and safer. To date, we have held six meetings, and much work and research has been done behind the scenes, the result being:

- A new application form for bus travel
- Updated medical support plans
- Updated School Bus Behaviour Policy
- Updated School Bus Transport Procedure which covers the following areas:
- Bus Driver Roles & Responsibilities
- Enrolled School Roles & Responsibilities
- Bus Coordinator Roles & Responsibilities
- Parent Roles & Responsibilities
- Student Roles & Responsibilities
- Student Non-compliance
- Student Behavioural Expectations
- Eligibility Criteria
- Bus Breakdowns
- Key Contacts

To launch and unpack this body of work, Clare High School will host a Parent Information Night for Department Schools on Wed 21 August, at 6pm at CHS. As we fit under modified guidelines, we will hold our meeting on Tues 27 August, from 6:30pm in our school library. At this meeting, we will 'unpack' the procedures and answer any questions. The Principal of CHS will attend and I urge all of you to become familiar with this policy so that we can gain maximum benefit from the meeting. Your attendance and contribution to the meeting will be beneficial to everyone.

### SAPSASA SOCCER

Congratulations to the following students who have been chosen to represent their school and the Mid North District in the boys/girls Soccer State Carnival which will be held on 14,15 & 16 August in Adelaide.

### Boys

James M, Tom B, Syd M, Leo K. Girls

Iyla A, Sophia D, Chinyere A, Elle A, Maddison H, Ruby M.

Amazing effort to have almost half the squad made up of St Joseph's students.

### SCHOOL CROSSING

Sincere thanks to the parents who continue to keep our students, staff and community safe by -

- slowing down when going through the crossing
- parking in the marked areas
- following the road rules
- being courteous

We need everyone to be doing this to ensure we are all kept safe.

### **OLD SCHOLAR SUCCESS**

During the first week of the term, recent old scholar Ashia

Scott, represented South Australia in the U18 National Schools Softball Championships. This is an amazing achievement in itself but even more amazing as Ashia is only 15 and has 3 more years in this competition.

Even more impressive, is that she is a pitcher and pitches against girls 3 years her senior. Thanks to Ashia's great pitching, SA won the bronze medal.



Ashia with her bronze medal

It is great to celebrate current students, old scholars and community achievements. The only way we can do this is receiving the information from our parents current and past and community members.

### SPORTING SCHOOLS

This week, our Year 2 class, as part of our Sporting Schools, were lucky to have award winning coach Sam Clayson take them for Tennis coaching.

Sam will now be away until week 7 as he travels to New York and North Carolina to attend a Tennis Australia coaching tour. We wish him all the best and look forward to a wrap up and photos of this amazing experience.



Year 2 students with Sam Clayson

### SPORT

Skiing

Wilbur is halfway through completing the development squad ski programme at Falls Creek, an intensive ski training program which includes all terrain skiing and race training.

On 29 April, he raced in the Amelia McGuiness Foundation time trail, representing St Joseph's - the only South Australian school to participate! Such an amazing experience.



Wilbur in action

# FROM THE PRINCIPAL

### SPORT

### Netball

Congratulations to Imogen and Ivy who were part of the BSR Netball team that travelled to Quorn on the weekend to participate in the U9's netball carnival where they were undefeated for the day.

### Football

U9's

George & Hunter joined the Crystal Brook U9's team at the Quorn carnival as they were short on numbers. this team also went through unde feated, coming home with a medal. Well done to Hunter, who was awarded best player for the winning team.

### U12's

Four St Joseph's students took part in the U12's football carnival at Port Broughton recently, Eddie D, Lewis (BSR), Lenny & Sam (Blyth/Snowtown). They all had a great day with Blyth/Snowtown coming out victors across the carnival.

Congratulations to Sam and Eddie who were named best players for their teams.





Sam - best for Blyth/Snowtown

#### U13's

On Sunday August 4, Jamestown held an Under 13's Association football carnival. 9 St Joseph's students took part and had a great day.

The North Eastern team won 3 and lost 1 of the four games, putting them equal with 2 other teams, but came third on percentage. A great day was had by all who took part.



Association Football Jamestown Riley, Sam, James, Eddie J, Syd, Cody, Lucas, Eddie D, Mitchell

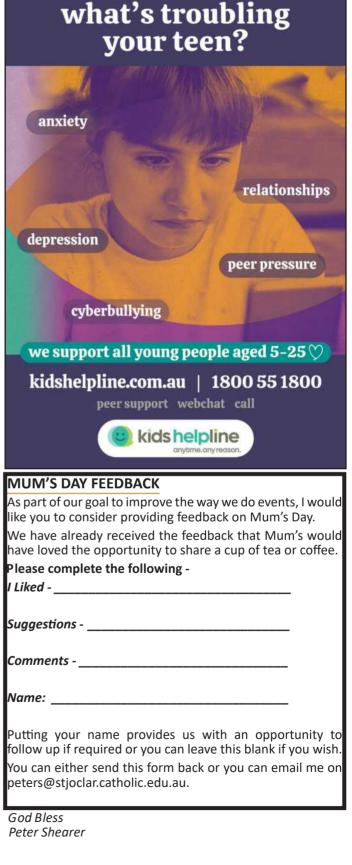




A very happy Hunter & George

### CLARE NAIDOC AWARDS

We will have a wrap up in the Week 5 newsletter of the Inaugural Clare NAIDOC awards where Damian Coulthard, Nat Sommerville and Mitchell were successful in different areas - watch this space!













































































### What I learnt about my mum on mum's day ....

"My mum was school captain once. She used to be a carefree person that did a lot of the things she wanted to do rather than others. She also liked to do her own thing. I also learnt that I haven't been to the house she grew up in."

"That she went to Sydney with friends for some school thing and she looked like a nerd in my opinion. The same people that went to Sydney with her were either in her wedding or in their wedding."

"Mum was a nerd and had very bad fashion. She got sent to the Principals office lots and was in trouble lots."

"I learnt from a classmate's Mum that she was a bit of a nerd and liked to study, she also liked to wear funky looking clothing."

"Mum used to race BMX bikes in Whyalla and won many races."

"My mum is so old that TV only had 2-3 channels and that mobile phones were non-existent, and she worked at David Jones Thursday night and Saturday mornings."

"My mum has the same favourite lessons as me ."

"When my mum was in high school she spent most of her time dancing and not at school. When she was at school she supposedly never got in trouble, never had an accident, and never went to the Principal's office. She had a history teacher that didn't teach well, and they called him Mr Potato Head but her favourite teacher was her dance teacher. All she did at recess and lunch was sit and talk with her friends. When she was younger her sisters told her she was adopted, and she fully believed it although she never got in trouble at home except for being messy."

"Mums favourite subject was PE and she played basketball at recess and lunch. I also learnt that my mum should not be telling me off for misbehaving as she was even worse than me in Year 9."

"I learnt that at recess and lunch mum would hang with her friends, she also told me about her formal dress and that she failed German. Mum also had to spend a week in the principal's office because she threw an apple core out the bus window and it hit a car."

"Mum was given \$2 to go down the street once a week at boarding school. Her favourite camp was the Flinders Ranges as she got to go show her friends her home. She learnt French and Japanese. Her favourite singer was Madonna and she also got a D in basic maths in Year eleven. "

"I learnt that my Mum never got in trouble and that she loved going down Jetty Road to buy lollies and a Chinese meal with her friends, this only cost \$2!. This shocked me as it showed me how different money is now compared to when she was our age. Mum liked English and didn't like maths, which makes sense because it's not my strong point either. She failed a maths test in Year eleven, and she also learnt Japanese just like us. But she also learnt French but she doesn't remember any of it. Mum liked Madonna and now I listen to Madonna with her. One of her English teachers was very old, had many cats and never married and drove to Leigh Creek to see Mum."



# MIDDLE SCHOOL SHADE BALL

Again, our students have been out and about in the community extending their sporting skills, learning and interpersonal skills. See what they have been up to below.

### NETBALL

Our Year 7/8 Knockout Netball girls gave an outstanding performance last week, going through to the final of the state competition. The girls have formed a cohesive team, complementing each other's playing styles and abilities. The girls were very humble in the reports of their wins; however, the score cards certainly reflect two quite dominant wins. Well done, girls, and good luck for the finals!



Back: Bridget, Macy, Ella L, Sophie. Front: Maddie, Isla, Ella C, Alice.

### STEM MAD

Congratulations to the Year 8 students who attended the STEM MAD showcase at Uni SA. They proudly showed off their inventions and confidently communicated with other students and judges their ideas and how they developed their prototypes. Both groups put a huge amount of work into their stalls and presentations. Will, Kelley and Jack impressed many of the city judges with their knowledge of agriculture. The judges found their idea highly marketable

and said that they should start seeking investors. Macy, Ella and Alice impressed the judges as well and were awarded 2nd place with their CFS uniform innovation, follow the QR code to view their presentation.





Ella C, Macy & Alice - awarded 2nd Place.



Jack, Will & Kelley

### **BARISTA TRAINING**

Our Year 8s and 9s have continued their barista training at 1871. Miss Carling went with the students last week for some quality control testing and gave them a glowing report. Come early to Assembly in Week 5 for a beautifully made coffee served by our Year 8 Students.



Bryce showing his coffee making skills

### FETE UPDATE

While on the topic of Coffee, our Barista training has allowed our students to use their skills in some upcoming events. The Year 9s will be helping run the Coffee Stall with the parent volunteers at the Fete and will also have a coffee stall at the Hart Field Days at the end of the term. This aspect of our students' learning and development has exceeded our expectations and is giving our students some very valuable life experiences.

The hospitality students will also be providing some baked goods for the bake stall and a few batches of scones for the scone stall.

Our Year 8 students will be assisting in the Fete set up, pack up and running of stalls. These activities from part of their Retail Micro-credentials, involving customer service and money handling.

The Year 7s are doing their own mini businesses again this year, so keep an eye out for their marketing campaigns.

### FOOTBALL EXPERIENCE

Our 8/9 inaugural footy at Crows HQ, experience Westlakes was a brilliant day for our students. They got to work with AFLW Crows players, Crows Sports scientist and university tutors while performing some fitness tests and game simulations. Each student wore GPS tracking technology that recorded heart rate speed and location. The boys were able to look at their own data and find out how sports scientists work with coaches, physiotherapists



and athletes to get the most out of trainings and games. It was really interesting to get a behind-the-scenes look at how data influences the game of AFL. We also took part in a tour of the Crows' facilities and had a play in their indoor gym.



We then went to the Norwood Oval were the students got to look at a break down of how video footage is used to analyse performance. We also had a tour of the facilities. Finally, we went out on the oval and took part in some game simulation drills used by the Norwood U16 players.

It was a great day for our students and one that they will be able to take a great deal out of.





### POTTERY

Mr Coulthard has been getting our student to step outside of their comfort zone and get creative with clay. They have been making clay vessels.



Mr Coulthard with students



Jess, Amalie, Summer & Vedanshi



Sophie, Taylee & Edwina

The Year 6 Reflection Day was held earlier this week, at the Clare Aerodrome. The day was full of experiences in what to expect in Year 7 at St Joseph's. We also took some time to reflect on our time at Primary School and set some goals for ourselves as we leave the primary school chapter of our lives.

It is a really exciting time and has some challenges as well, we talked about some things we can expect and made plans of how we can build strength to overcome them.

The students stepped their toes into the Pedal Prix cars for the first time. Some students were ready and excited as we unloaded the equipment from the trailers. Others were not so sure and stood back to watch and find out what to expect. By the end of the session all were beaming with smiles, had fun and overcame the challenge of trying something new.

The students also looked at what they needed to do to be prepared for their transition out of Primary School and into Middle School. They used the pod casting equipment to record some questions for the older students to answer and made story boards introducing themselves to the Middle School teachers.

Another activity they took part in was examining mantra used by high performing athletes, actors, musicians, business people and leaders. They tried to think about how they could draw strength from a mantra to help lift themselves up to the next level of their learning. We then cut them out on the laser cutter, and they can be stuck into their lockers next year.





### YEAR 7/8 FOOTBALL

On Tuesday August 6, Year 7 & 8 students competed against Clare, Riverton, Burra and Eudunda High Schools in a football carnival at Clare.

In the first game against Clare High School, we competed very strongly and put together some good passages of play. In the end, we couldn't quite catch up - Clare High winning 4 goal 6 points to 1 goal 2.

In beautiful conditions we played our second game against a combined side from Burra, Riverton and Eudunda High Schools. We thought we might catch them napping as they had just lost to Clare High School in the previous game, however, despite playing to the best of our ability we were just a bit 'undersized', eventually losing 12 goal 7 to 3 goal 6.

All students are to be commended for their attitude and sportsmanship on the day. We would also like to thank Mathew Koch for umpiring and Syd Nicholls for goal umpiring.

Brendan Ackland - Coach



Standing: Brendan Ackland (Coach) Mitchell, Max, George, Jack, Will N, Lucas, Hugo, Kelley, Eddie J, Eddie D, Riley, Lachie, Archie. Kneeling: Millie, Kieran, Lenny, Macauley, Will N, Austin, Dale.

### SQUASH

On Wednesday August 7, Bryce, Tyson, Matilda and Ebony participated in the inaugural Middle School Squash Championships at the ARC. There were nearly 80 competitors (82 signed up but only 76 participated in the end.)

This event was meant as a way to showcase squash to school friends. Squash SA were encouraging all squad players to not only join in, but to bring along some new players to join the fun.

Tyson, Matilda and Ebony took up the challenge to try out a new sport and had lots of laughs and fun along the way. Tyson's 2nd match was against Bryce. Matilda's 2nd match was against the eventual Girls Runner Up. Other than the single squad players, St Joseph's and Clare High had the smallest contingents, this was abundantly clear when Bryce played in the boys final. The other player may have had a much bigger cheer squad but we were just as loud. With the support of his friends, Bryce was able to come out on top as Middle School Boys Champion.

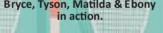
Time ran out so placings were not completely finalised but our students did very well considering their new player status. Other schools have had training or do squash as part of their school curriculum. Matilda placed 11-12 out of 26, Ebony placed 19-20 out of 26, Tyson placed 19-20 out of 50. Dyne Correa



Tyson, Bryce, Matilda & Ebony









God Bless Tom Gilligan

### ST MARY MACKILLOP OF THE CROSS FEAST DAY

On Thursday, we celebrated the feast of St Mary of the Cross MacKillop. Mary was a woman of faith and throughout her life, made a difference to many people. She worked for the dignity and equality of all people. It was her passion that led to Josephite Schools being established across Australia and New Zealand.

Our school began in the Josephite tradition in 1869, with the last Sister of St Joseph leaving in 2002. We continue in the charism of the Sisters of St Joseph of the Sacred Heart in living and breathing gospel values in all that we do. We celebrated with a whole school Mass, with parishioners who attended various Josephite Schools in our area, Leonie at Sevenhill, Josie at Clare and Marie at Mintaro.



St Mary MacKillop's loving example is what inspires our week of service to the community. This week classes have been undertaking acts of service to live out Mary's motto of, 'Never seeing a need without doing something about it'.



Yr 2SL & 4LL delivered cards to our neighbours.

FROM THE APRIM

4LS & 1DL delivered cards to Carinya



Reception and Year 6 classes- Cleaning up around our school yard and boundary.

You can find out more about Mary MacKillop and the Sisters of St Joseph of the Sacred Heart at the below websites, or visit the Mary MacKillop Museum on High Street in Kensington.

Mary Mackillop Precinct https://www.marymackillopadelaide.org.au/

### Feast of the Assumption Thursday 15th of August

On the Solemnity of the Assumption of the Blessed Virgin, we remember when Mary was taken ("assumed") into heaven, body and soul, after she died. You will not find this story in the Bible. However, a tradition handed down from the earliest days of the Church says that Mary died in Jerusalem and was buried in a tomb. But when the apostles opened the tomb again, her body was gone. Why would God take Mary's body and soul into heaven? In part because Mary is special to God: she said "yes" to becoming the mother of Jesus. But God also wanted to show us that one day, all of us will share in the bodily resurrection of Jesus. As this is a solemnity, (a feast of the highest honour), Year 4-8 will attend Mass at 9am and R-2 will attend a Liturgy at 10:30am. Both services will be held in St Michael's Church and families are more than welcome to join us.

Always remember to love one another. (Mary MacKillop 1888)

Helen Hay Assistant Principal Religious Identity and Mission

# WELLBEING

### SEASONS FOR GROWTH

Please find attached to this newsletter a participant signup for the program, 'Seasons for Growth' next term. The program will be run by myself with small groups of similar aged students from years R-9. The program has been run at the school for many years now with students voicing the growth they gained from being involved.

**Seasons for Growth** is a small group program that combines psychology and education with peer support, within a person-centred learning approach. It uses the metaphor of the seasons to explore the cyclic nature of grief, and is underpinned by William Worden's tasks of grieving.

The Children and Young People's program contains developmentally appropriate discussions and activities. Seasons for Growth normalises participants' experiences, and can increase protective factors (including building personal resilience and social skills) while minimising some risk factors (including isolation) that influence mental health and wellbeing. The program also supports the development of communication, decision making and problem-solving skills.

### How is it delivered?

The Program is run over 8 sessions with small groups of 4-7 participants and is facilitated by trained adult "Companions". The participants are provided with a safe space to learn, share and reflect and are supported by richly illustrated participant journals. Companions may be school staff, agency staff, endorsed parent volunteers or other suitable adults who have undertaken a two-day training workshop and receive a subsequent accreditation for Good Grief Ltd to deliver the program.

### Outcomes

Seasons for Growth provides the support and space for children and young people to:

- Learn about how different people respond to change, loss and grief
- Understand that it is normal to experience a range of grief reactions
- Explore new approaches to dealing with change, loss and grief in their lives
- Build communication, decision making and problemsolving skills
- Participate in a supportive network of peers and adults
- Integrate their new learning into their relationships with family, friends and others

### Evidence

Seasons for Growth has been evaluated extensively over the last 15 years. The most recent evaluation was conducted by Southern Cross University in 2010 and concluded that the Seasons for Growth Program:

- Builds understanding and skills
- Improves participants' emotional wellbeing
- Enables participants to express their views, thoughts and feelings
- Strengthens participants' social and support networks.

If you would like further information about the program or wish to discuss your child's involvement, please do not hesitate to contact me at the school.

# FROM THE LIBRARY

### LITERACY & NUMERACY

### Connecting with your kids – play a game

Last week at Mum's Day we reflected on ways to continue being connected with your children. Here's a list of games, for a range of ages, to build connections while improving literacy, numeracy or thinking skills. They are all "offline", so that's a bonus! Next time your child asks, "will you play with me?", try one of these!

To help your child learn about strategic or logical thinking you may need to try a "Think Aloud", where you voice your ideas aloud. This is a great thing to try with all sorts of problems – whether it be working through an issue, understanding a word, or working out how to play your turn in a game to win.

### CARD GAMES

Memory/concentration – great for focus and listening



Addition or Multiplication War – numeracy

Rummy/May I or other variations – strategy and patterns Cribbage and Euchre are old fashioned, but are great for learning about strategy while you are using your number skills

### OTHER GAMES

Paddocks/Dots & Boxes - logic and strategy

Yahtzee - improve your addition and multiplication skills

Shut The Box – great for basic number facts and strategy Monopoly – an old favourite that uses numeracy and logic skills (set the timer for an agreed time before you start!)

Qwirkle – patterns and strategy

Othello – strategy and logical thinking

Bananagrams – stretch your word building skills

**PUZZLES** Sudoku - logic



Word Finds or Junior Crosswords – literacy skills Jigsaws

Rush Hour

If you need any help with finding games or understanding rules, please pop into the library and we'll help you out! And let us know which games your family likes to play.



Michelle Edmondson Literacy and Inclusion Leader

Delvene Mathie Wellbeing



In Reception Turley, our NAIDOC activity was to create a whole school 'leaf wreath'. This wreath was to show unity and collaboration between not only each other, but with Aboriginal people within our community. Before we started our leaves, we discussed the importance of art to Aboriginal people, and what it represented. We discussed that Aboriginal people use symbols to tell stories, learn and teach. We watched a video explaining some different Aboriginal symbols, and watched an artist create a piece based on her life. We then thought and discussed with our peers about a story from our lives, whether that be at school or home, that we could draw on our leaves using Aboriginal symbols. The children enjoyed using different mediums to create the artwork on their leaves.

"My artwork uses symbols to show all the people in my family, and how we are all connected together"

"My meeting place is school, and that connects to home"

"I have animal tracks in my artwork because I really like Australian animals and they are important".



# **Sevenhill Parish & St Joseph's School** FETE

## **13** SEPTEMBER 2024 TTC 9:30 - 2pm

St Joseph's Art Competition 2024

"Music's Alive"

Please circle:

(Please complete details and attach to the back of art/where possible)

Drawing

Other.....

Sculpture

Painting

Photography

On the school grounds

29 Victoria Rd, Clare

Name

Year level: class:

### DONATIONS ACCEPTED THROUGH THE **FRONT OFFICE NOW!**

WE THANK YOU FOR YOUR GENEROUS ASSISTANCE.

### **BOOK STALL**

We would appreciate donations of children's books (suitable for ages 5-15) in good/excellent condition - to share the joy of reading. Thank you, Catherine

### **HAIR & FACE PAINTING**

A favourite stall for all our kids is looking for the following donations; Glitter / Bright Eyeshadow / Hair Chalk / Hairbands / Hair Gel / Hairspray / Ribbon / Lace / Coloured Embroidery Thread. Thank you!! Steph

Art Competition Art entries can be dropped into the front office and are due no later than 9am on Wednesday 11 September to be eligible for Judging **GET YOUR ENTRIES IN!!** 

### SECOND HAND CLOTHING!

Music

This year, Amanda Redden is setting up this new clothing stall! This stall will stock clothing for 4 to 16 year old girls and boys. Clothing is to be in good condition, without holes and stains. A max of 5 quality items per family to be donated
\*No underwear, socks or bathers please\*
Front Office is accepting donations now!
Contact Amanda on 0438 641 477 for more information

### **BAKE STALL**

Bake stall is looking for people to don an apron and bake up a storm. What is your favourite cake to bake?

Or maybe it's a best seller If you need a suggestion.....Log / Slab Cakes and loaves sell well. Savoury or sweet slice, Pie, Pasties, Sausage rolls, Ready-made meals (quiche, lasagne, etc). Honey crackles or Funny face biscuits, any other baked goods \* Please list all ingredients

### Gifts and Homewares

Maybe you have been wanting to get the sewing machine out for a run! Gifts and Homewares have some great ideas for you to make School colour scrunchies (navy, yellow, white or school dress) House colour scrunchies

School hair bows (clips, hair ties or hair bands) General scrunchies General headbands Earrings

### RAFFLE

If you have items suitable for raffle prizes, Frankie Sandow would be delighted to receive them! Some examples are: Wine, sides of sheep/beef, honey, B&B accommodation OR perhaps your creative skills could be put to good use: cakes, jewellery, dinner for six, etc Contact Frankie at: fsandow@stjoclar.catholic.edu.au

### Watch your inbox for Fete Sign Up Genius

We thank you in advance for the amazing support of the Fete by our school families. We have a Sign Up Genius going out to you so that you can choose how you would like to contribute.

# CLASS PAGE - YEAR 4 SCHUMACHER



# Let's Play POTATO**OLYMPICS**



Our class has been taking part in the Potato Olympics. To prepare, we have been coaching our Potato Olympians to get ready to compete in a bunch of sports, including swimming, sprinting and bowling. Here's a little bit about each of our athletes.



Jade Carey Coach: Charlotte Jade is from Thailand and she was to win 4 medals!



Coach: Stella H Indi has 2 sisters called Lucy and Chelsea. She represents India



Coach: Riley years old and loves



Coach: Charlie Spudzo was about to be cooked for



Coach: Greta Bob comes from New Zealand and he



Coach: Oscar L Patrick is from Ireland and is 29



French Fries Coach: Ellie

Mr Potato

Coach: Eli

farm and was born

representing the



Ruby Mash Coach: Stella P first day out of the

seed and she hasn't



Coach: Lizzie

Sweden. She has won 20 medals before.



Spring Coach: Chloe

potato. He is from



Super Potato Coach: Lexi Super Potato is exactly what his

name is, SUPER! He represents



Flip Flops Coach: Casey



Banga because he loved sport. He plays for



### Schmidty Coach: Kingsley

finished school, he of sport and now represents Scotland.



Casey Representing China, the break dancing





Spudtato Coach: Oscar S





9 August, 2024

Dear Parents,

Sports Day will be held on the last day of this term, Friday 27<sup>th</sup> September, and students are encouraged to wear a shirt in their school house team colour to this event, to facilitate 'team spirit' and assist event organisers. Polo shirts with a collar are preferable for sun protection. We are offering families the opportunity to purchase polo shirts in your child/ren's house team colour, if you require them. These can also be worn to our school Swimming Carnival in Term 4.

For those families who are new to our school, keep in mind that children from the same family are always in the same house team, so sizes can be passed down.

House team colours are as follows:

Burke - Gold/Yellow

Cleary – Green

Lennon – Red

MacKillop – Blue



If you're unsure which school house team your child/children have been allocated to, please see their class teacher or ask at the front office.

Please note: orders need to be placed no later than Friday 30 August, Week 6. As this is a one-off order for the year, no late orders can be accepted.

Please order through Qkr!, - you will find the shirts under the School Events tab, (NOT the Uniform section). If you don't have the Qkr! app please use the return slip below and you will be invoiced. Please do not use both Qkr! AND the form as this will create a 'double-up'. (Please note, we will require a minimum order of 12 shirts in total to be purchased for the order to proceed. If this quantity is not obtained, any completed Qkr! orders will be credited.)

The shirts are available in even sizes starting at children's 4 through to 16 (\$13) and adult sizes 'small' through to XXXL (\$16).

We do have a few second-hand, house-coloured shirts in the Front Office if you'd like to pop in and have a look, \$3 each - first in, first served!

Kind regards, Uniform Committee

House Team Polo Shirts (please circle your preferences) House Colour: Blue Green Gold Red Size/s required: (child sizes) 2 4 6 8 10 12 14 16 - (\$13 each) (adult sizes) S M L XL XXL XXXL - (\$16 each) **Total Quantity: Total Price:** Parent Name: Ph: Child's Name: (Oldest in the family) Child's Class: Please return orders no later than Friday 30th August, 2024 - Week 6



**ANTEEN NEWS** 

## **Canteen Roster**

### Semester 2: 2024

### <u>ALL VOLUNTEERS:</u> Must **sign in** and out at the **front office**

Term 3

DATE	THURSDAY	DATE	FRIDAY
	9:00am – approx. 11:00am		9:00am – approx. 1:30pm
Week 3 (8 <sup>th</sup> Aug)	Jane Adams	Week 3 (9 <sup>th</sup> Aug)	Sheridan Laws
	Katrina Pilkington		Larni Ward
			Fiona Sullivan
Week 4 (15 <sup>TH</sup> Aug)	Jess Redden	Week 4 (16 <sup>th</sup> Aug)	Louise Lehmann
	Amanda Redden		Sam Quinn
			Emma Zanette
Week 5 (22 <sup>nd</sup> Aug)	Kate Wehr	Week 5 (23 <sup>rd</sup> Aug)	Peta Smith
	Gabrielle Jones		Matt Ward
			Natalie Sommerville
Week 6 (29 <sup>th</sup> Aug)	Amy Abbott	Week 6 (30 <sup>th</sup> Aug)	Kate Mensforth
	Skye Bollen		Christy Clothier
			Belinda McDonnell
Week 7 (5 <sup>th</sup> Sept)	Yana Zanette	Week 7 (6 <sup>th</sup> Sept)	Amy Trengrove
	Donna Stewart		Laura Davidson
			Katherine Maitland
Week 8 (12 <sup>th</sup> Sept)	NO CANTEEN – FETE FRIDAY SEPT 13TH		
Week 9 (19 <sup>th</sup> Sept)	Geordie Beath	Week 9 (20 <sup>th</sup> Sept)	Jen Chestnut
	Tim White		Peggy Mitchell
			Lucy Woolford
Week 10(26 <sup>th</sup> Sept) NO CANTEEN – SPORTS DAY FRIDAY SEPT 27TH			
New to Canteen Experience in Canteen Experienced and willing to help less experienced			

\*\*If you are a volunteer, please request to join our Facebook page. Search St Joseph's School Clare Canteen

If you need to swap your day, please call/use Facebook group to swap with a person with the same or more experience than you from the current roster where possible.

Please notify Jen Chestnut (0457050108) of any changes ASAP so the roster can be kept up to date.

Thank you for volunteering your time 😊



This week, we had a very eager and enthusiastic group from Miss Schumacher's Year 4 class helping out in the garden. Greta & Stella planted lettuce in the old bath while Lizzie, Luka & Stella planted radishes & watered them. We planted oregano, parsley, rosemary & thyme in a pot and the Yr 4 class are going to look after them outside their classroom.

The children really enjoy planting seeds/seedlings and watching them grow to maturity and produce food they can eat and use. Below find some tips on "Growing herbs for kids", a great way to have fun with your children and get them out in the garden.

### Jen Vine



Greta and Stella planting lettuce





Luka picking radishes.

Stella & Lizzie watering

### JOKE OF THE WEEK

Q: What do you call a group of herbs that love to perform?

A: The spice girls!



### GROWING AVERES WITH KIDS

Herbs are easy to grow making them ideal for kids to grow. Kids love picking, experimenting and playing with them so growing them is a great way to encourage kids to be outside, exploring their senses and having fun in the garden. When choosing herbs to plant with children it is a good idea to pick varieties that will actually be used in the kitchen or during play. Popular choices include basil, parsley, mint, rosemary, thyme, coriander & oregano.

Herbs grow easily in pots which means they can be started inside where the kids can keep a close eye on them and then moved outside once they are established.

When your herbs are ready to pick encourage your children to:

- Rub the leaves between their fingers and then smell them. Rubbing the leaves helps release fragrance.
- Touch and feel the different textures. Encourage them to describe how each herb feels.
- Taste them. Encourage them to eat them fresh and also experiment with them in cooking.

Wondering what to do with the herbs you and the kids have grown? Here are some ideas:

- Mint is very refreshing in water. A leaf placed in a drink bottle of water is popular with
- Mint is very refreshing in water. A leaf placed in a drink bottle of wate many kids and makes a good alternative to juice and cordial. Basil goes well in kid-friendly favourites such as spaghetti and lasagne. It can also be made into pesto and makes a healthy dip for snack time. Parsley can be used to make an easy and nutritious tabouli for kids. Rosemary tastes beautiful with lamb and can also be used as a focus when talking about Remembrance Day Oregano goes well in all pasta dishes and is kid-friendly







'Season's For Growth' is based on the belief that change and loss are part of life, and grief is a normal response to these losses. Children, young people and adults need the opportunity to learn about how death, separation, divorce or other significant loss events may impact on their lives. The program provides an opportunity for participants to learn the knowledge, skills and attitudes required to understand and respond well to such experiences

### What does it do?

Seasons for Growth aims to strengthen the social and emotional wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by:

- Exploring the impact of the change and loss on everyday life
- Learning new ways to respond to these changes

### Who is it for?

Anyone who is living with the effects of change and loss. (Ages 6-18)

Many factors can cause change such as:

- Friends can come and go
- Loss of someone or something you love
- Parents and families separate
- Moving
- Impact of illness
- Family work-life changes

Change affects everyone differently, as does grief. It's the impact of the change, not the event itself that Seasons for Growth focuses on.

We suggest that anyone affected by bereavement wait 6-12 months before participating in a Seasons for Growth program. We will be offering this program in Term 1 next year.

\_\_\_\_\_

I give my child permission to attend the 'Season's For Growth' program. I have discussed this with them, and they are willing to participate.

Student Name: \_\_\_\_\_ Class: \_\_\_\_\_

Reason for Participation: \_\_\_\_

(or email to <u>dmathie@stjoclar.catholic.edu.au</u> so their situation can be considered in content)

Parent Name:

Parent Signature: \_\_\_\_\_