



St Joseph's School
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15 November 2024

Dear Parents

WATER SAFETY PROGRAM

We are really excited to update you with details for the 2024 Water Safety Program which is linked to our Health & Physical Education curriculum. It is a learning program that focuses on keeping all participants safe around water and designed for delivery to school students.

We have confirmed our program with the lesson providers and are now able to share the timetable. Please note that our Yr 6 students have participated in their recent Aquatics Camp, which included water safety instruction time, so they do not participate in these lessons. Our Middle School students now have the opportunity to gain their Bronze Medallion, an exciting program that Mrs Heinjus has coordinated & introduced.

All costs have been negotiated with the Swimming Centre and have been included with your Term 4 fee account.

Week 7: 25/11/24 – 29/11/24 [Mon – Fri]

Yr 2 (Lawson/Weckert)	10am – 11am
Yr 1 (Lemon/Niedorfer)	11am – 11:45am
Yr 1 (Schmaal/Niedorfer)	11:45am – 12:30pm
Rec (Turley)	1:00pm – 1:45pm
Rec (Peacock)	1:45pm – 2:30pm

Week 8: 2/12/24 – 5/12/24 [Mon – Thurs]

Yr 5 (Woodhouse)	9:15am – 10:15am
Yr 4 (Lang/Packer)	10:15am – 11:15am
Yr 4 (Schumacher)	11:15am – 12:15pm
Yr 3 (Nield/Murphy)	12:45pm - 1:45pm
Yr 2/3 (McKenzie)	1:45pm – 2:45pm

Friday 6/12/2024: Swimming Carnival

All students in Yr 1 – Yr 9 participate.

Reception students undertake water play at school as experience has taught us that the crowded venue and structure of the carnival doesn't set Receptions up for success, whereas a fun "Water Play" day is extremely well received.

More information regarding the Swimming Carnival will come home closer to the event.

Please see over the page for a "packing list" for swimming lessons (and carnival): All of the items should be brought to school each day in a swimming bag. ***Please ensure bathers and clothing items are clearly labelled with your child's name.*** If there are any queries, please see your class teacher.

Attached are Water Safety Consent Forms – **one form to be completed for each student in Rec – Yr 9 (EXCEPT Yr 6 as we already have those)** to cover both lessons and carnival. Please return these forms **by Friday 22/11/24.**

Class teachers will be in contact with you soon if they require extra assistance, for example: walking to and from the pool.

PACKING LIST

For swimming lessons and swim carnival your child will require the following –

- Bathers
- Towel
- Suntop/ T-shirt
- Trackpants
- Jumper
- Thongs/sandals
- **Medication & Action Plan - Pls attach copy to Consent Form.** [If you stated on Medical Information form that your child suffers from a condition (eg: asthma), for safety reasons the instructors will not let your child in the water without appropriate medication and an action plan.]

All the above should be brought to school each day in a swimming bag. **Please ensure bathers and clothing items are clearly labelled with your child's name.** If there are any queries, please see your class teacher.

Kind regards



Peter Shearer
Principal



To be completed by the Parent/Carer for students participating in Water Safety activities. This form will be shown to School Staff and Water Safety Instructors and Emergency Services Personnel responsible for this student's safety in Water Safety activities including as part of a camp or excursion.

STUDENTS WILL NOT BE PERMITTED TO PARTICIPATE WITHOUT A COMPLETED AND SIGNED CONSENT FORM

Section 1: Personal Details

Student Name _____ Date of Birth ____ / ____ / ____
Name of School _____ Medic Alert No.(if relevant) _____

Section 2: Health Support Information

Does your child have any health support or medication administration needs that should be considered for this activity?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Does your child have a health care need that could affect their safety in the water?	Yes <input type="checkbox"/>	No <input type="checkbox"/>

If **NO** - please go to Section 3 - Water Safety and Swimming Skills
If **YES** - you must complete this section below:

A written Health Care Plan/Medication Agreement from your child's doctor/treating health professional is required. This may be a copy of the information which you have previously provided to the school or further information related specifically to the aquatic environment/activity.

Asthma <input type="checkbox"/>	Seizures, Epilepsy <input type="checkbox"/>	Incontinence <input type="checkbox"/>
Allergy (e.g. bee sting) <input type="checkbox"/>	Diabetes <input type="checkbox"/>	Medication taken at school <input type="checkbox"/>
Joint condition <input type="checkbox"/>	Heart Condition <input type="checkbox"/>	Swallowing / choking <input type="checkbox"/>
Vision impairment <input type="checkbox"/>	Hearing impairment <input type="checkbox"/>	Communication difficulties <input type="checkbox"/>
Ear condition <input type="checkbox"/>	Skin condition <input type="checkbox"/>	Concussion (within 21 days) <input type="checkbox"/>
Other (provide details) <input type="checkbox"/>		

IMPORTANT: Have you attached Health Care Plan/Medication agreement from your child's doctor/treating health professional? Yes

If YES, please attach and ensure all relevant medication is provided.

NOTE - Failure to provide a Health Care Plan/Medication agreement will mean that in the event of a medical emergency your child will be treated with standard first aid management.

Section 3: Water Safety and Swimming Skills.

Please tick the description that best describes your child's water safety skills and swimming ability.

Beginner - my child has limited or no experience and is not confident or comfortable in the shallow water.

Average - my child is able to swim 25 metres but is not strong or confident in deep water.

Strong - my child is able to swim 50 to 100 metres and is strong and confident including in deep water.

NOTE: This will be used to assist in planning the activity and not affect their participation.

Section 4: Consent to take part in Water Safety activities:

- * Supervising staff/instructors will use the site's behaviour management processes needed to ensure the safety and wellbeing of all students.
- * If there is an accident or illness, supervising staff will provide first aid and call an ambulance if required. The school/preschool will inform me as soon as possible.
I will cover all medical expenses for my child, but I can ask the department to pay for ambulance costs if my child does not have private ambulance cover.
- * Where appropriate, I have provided updated health information for my child, including any extra support they need.
- * The information I have given is accurate. The information provided will be used solely for the purpose of ensuring my child's safety during the water activity and will be used in accordance with the Information Privacy Principles Instruction.

Parent/carer consent

I have read and agree with all the information and give my consent for my child to attend this activity	
Name of activity:	Student/child name:
Parent/Carer Name:	
Signature:	Date:
Who can we contact in case of an emergency for the duration of this activity:	
Name:	Relationship to the child/student:
Phone number/s:	

Standard Health Care Support for the most common health conditions:

Asthma	<p>Any child currently prescribed asthma medication must bring their medication. The Asthma Care Plan is required to be attached to this consent form.</p> <p>Standard First Aid: Four puffs of reliever medication. Wait four minutes. If no relief, four more puffs, wait four minutes. If still no relief, call an ambulance. No return to the water after two lots of reliever medication within any given session.</p>
Seizures	<p>Any student with a diagnosed history of seizures must have an adult acting as one to one safety watch provided by the school. Continuation in the Water Safety program that day will be assessed by a supervising teacher in consultation with the student's health care plan.</p>
Diabetes	<p>First aid as per individual Diabetes Care Plan.</p>
Allergy	<p>As per the Allergy Specialist Care Plan.</p>
Drainage tubes in ears.	<p>Ear wrap or fitted plugs to be worn throughout water activities, unless written medical advice is provided saying this is not necessary.</p>
Incontinence	<p>As per the Health Care Plan. Any accidents that result in contaminated water must be managed as per health regulations.</p>
Cryptosporidium Infection	<p>Cryptosporidiosis is caused by the parasite <i>Cryptosporidium</i>. It is highly infectious and can be transmitted by swallowing water contaminated by the parasite in public swimming pools. The main symptoms associated with this illness include watery diarrhoea with stomach cramps. If your child has been diagnosed with Cryptosporidiosis or has had these symptoms recently, they should not use public swimming pools until 14 days after the symptoms have stopped.</p>
Choking	<p>As per the Health Care Plan.</p>
Infection	<ul style="list-style-type: none">* All open wounds must be covered, for the child's own protections, with a waterproof occlusive bandage.* Students with significant unhealed wound(s) will be advised not to enter the water until the wound has closed* Students with ringworm should not commence water activities until at least 24 hours after commencement of appropriate treatment (usually a topical anti-fungal cream)* Students with tinea should not go into pools or change rooms until at least 24 hours after commencing appropriate treatment* Wearing slip-on footwear while walking in the pool and change rooms may protect against transmission of some infections such as tinea.
Concussion	<p>If medical treatment is required or a suspected concussion diagnosed, prior to the next participation in physical activity or sport, a medical clearance from a health care practitioner with reference to the relevant injury or condition must be provided with the Water Safety consent form to allow that student to participate. If a concussion is diagnosed, return to schoolwork should take priority over return to physical activity and sport. As recommended in the Australian Concussion Guidelines for Youth and Community Sport (concussionsport.gov.au) a minimum period of 21 days before resumption of physical activity and sport is recommended.</p>

